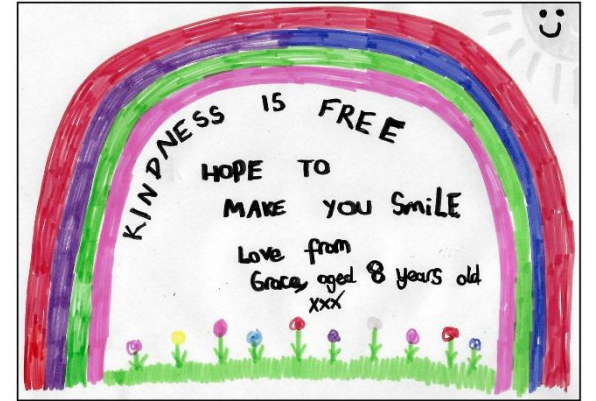


Introduction



This drawing was created by a local child just for you. We hope you like it.
All pictures were submitted by email to minimise infection.



 Keith Hardy



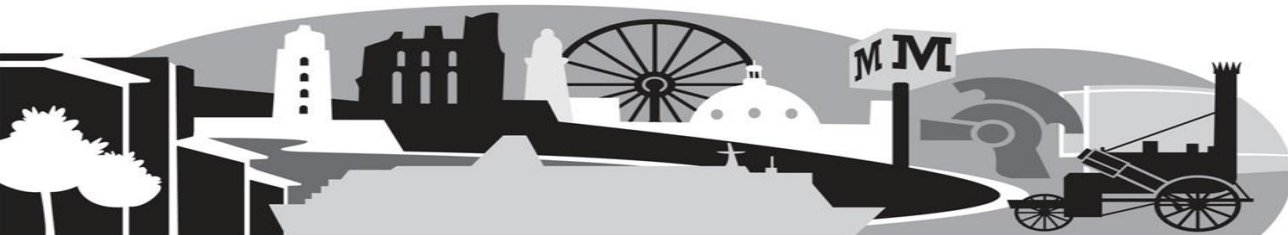
 Felicity Shoesmith



 Alice Holliday



 Safiah Fardin



Please introduce yourself!



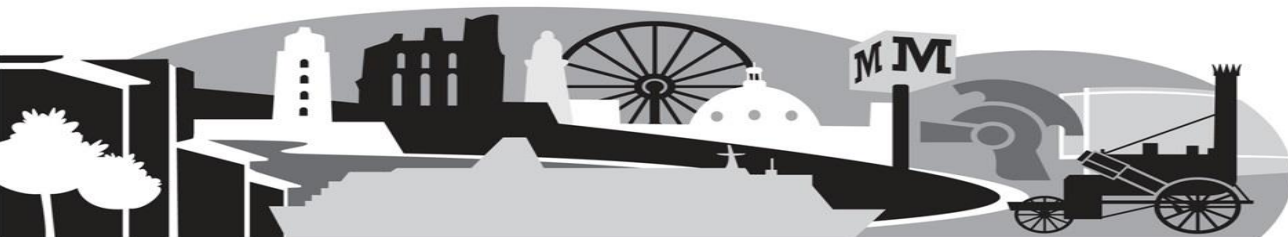
Name



Where you're from + email
address if you want to share it

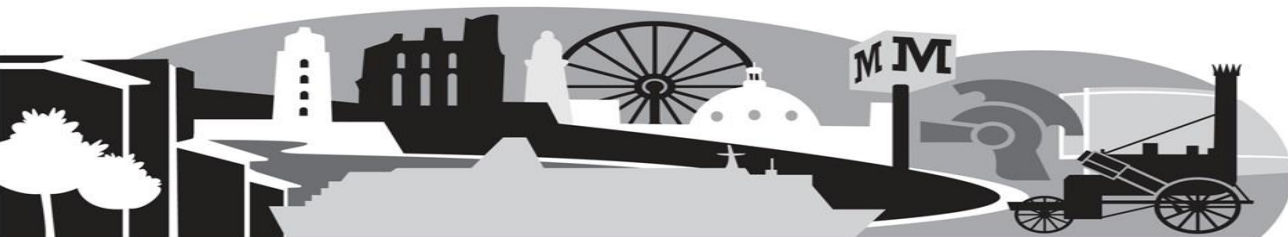


What you had for brekkie



Responding to COVID 19

- North Tyneside Volunteer Centre
- Mutual Aid Groups
- Safeguarding and online training
- Emergency COVID Response Service

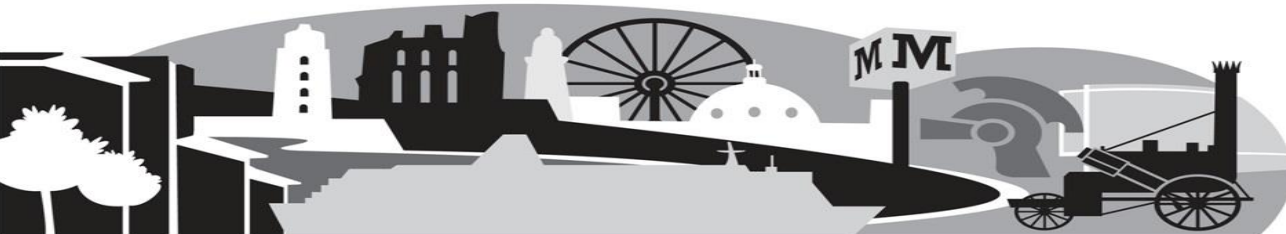


Good Neighbours Project

- Emergency Response
- Good Neighbours Buddies
- Digital Doorstep Buddies
- Sector Connector

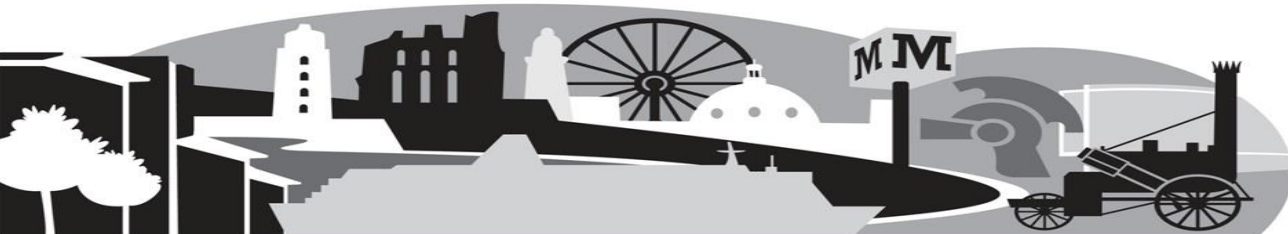


This drawing was created by a local child just for you. We hope you like it.
All pictures were submitted by email to minimise infection.



What we have learned –Emerging themes

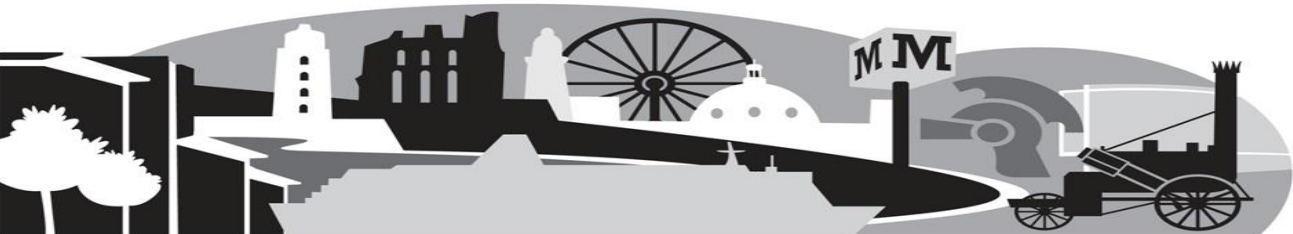
- Changing of the guard
- New approaches to volunteering
- Digital age
- Exploring the future of volunteering



Exercise

Taking into account what you have learned so far and looking at some of the emerging themes, can you spend a couple of minutes think about;

- What are the barriers to volunteering?
- How do we increase volunteering in North Tyneside





Community Health Pigeons - what's that all about?



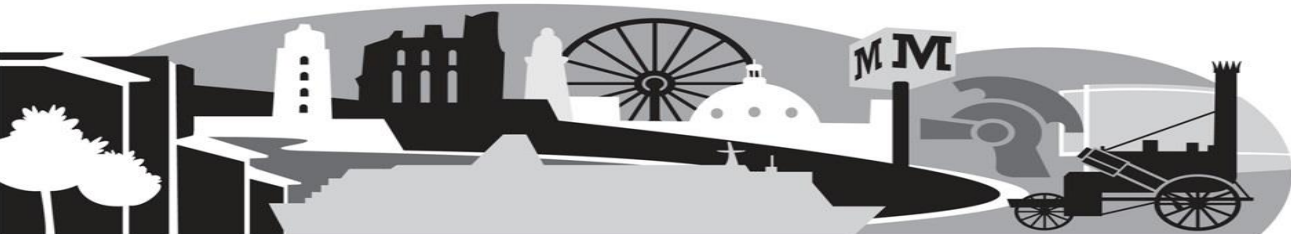
Tackling health inequalities in Communities of Colour



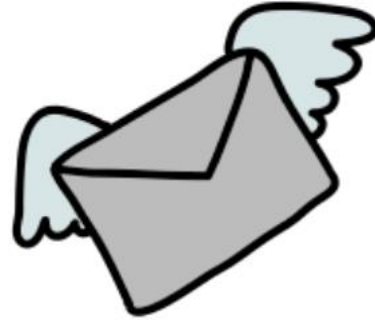
Make your voice heard



How to join the flock!



RECEIVE



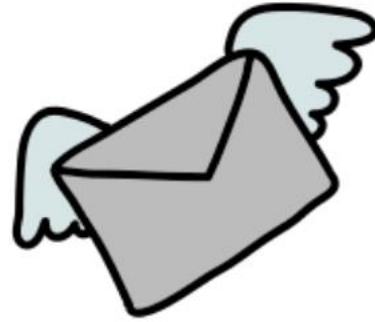
SHARE



FEEDBACK



RECEIVE



CARE

SHARE



SHARE

FEEDBACK

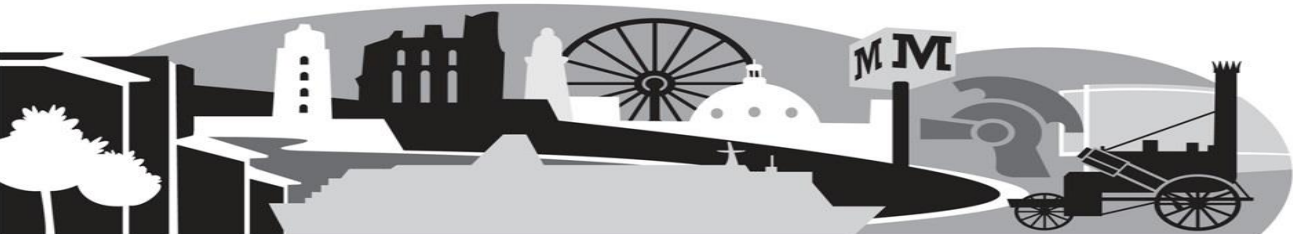


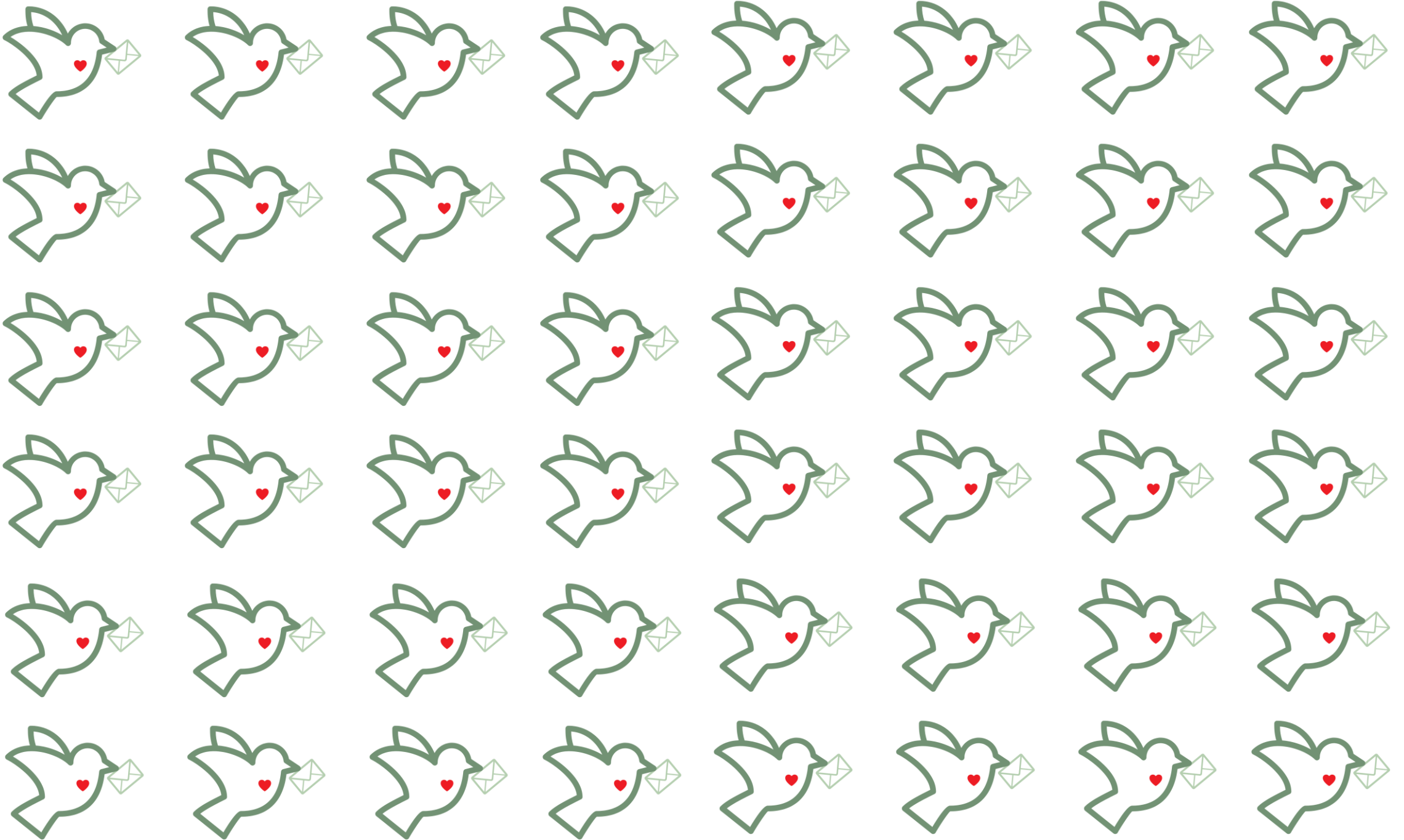
PROTECT

**NORTH
TYNE-
SIDERS**



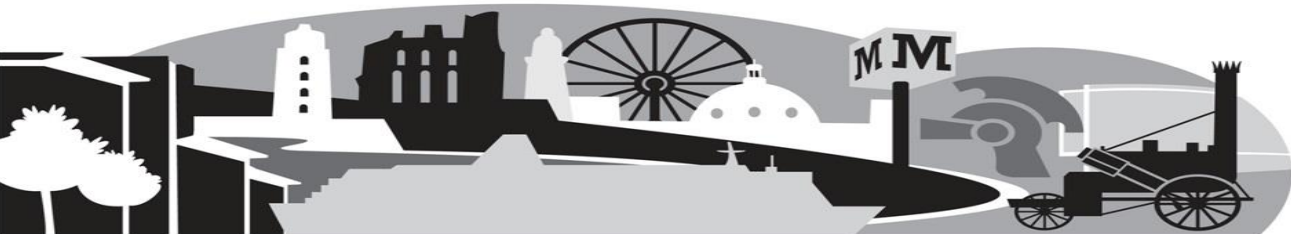
75





The aim: champions within all communities to promote health and wellbeing

- Why are we looking to recruit communities of colour to become Health Champions?
- According to the 'Is Britain Fairer' report, people from ethnic communities are more likely to suffer from poorer health compared to the rest of the population.
- 6% of the population in NT (12,000 residents) identify as being part of an ethnic community. People can often fall under the radar.



What would make you
sign up to be Champion?

What would **put you off**?

**What Covid-19 topics do you
& your communities
want/need?**

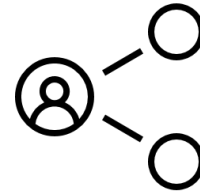
Who do you think
would be good for us
to **chat** with?

Three **quick** (but **high impact**) things you can do ...



1. Become a Pigeon!

<https://bit.ly/SignupChampion>



2. Share Share Share:

Encourage people in your network to become a Champion by sharing the sign up link

3. Follow and receive updates



Twitter: <https://twitter.com/ChampionsNT>

Facebook: <https://www.facebook.com/ChampionsNT>

Instagram: <https://www.instagram.com/championsnt/>

Website: <https://voda.org.uk/community-health-champion/>