



Reference: RFI 1708008

North Tyneside Council

**Request:**

For the financial year 2015/16, please list methods for assessing the efficacy of the following non-statutory public health functions of the Director of Public Health, including cost-effectiveness, for each of:

Smoking and tobacco – Stop smoking services and interventions  
Physical activity – adults  
Obesity – adults  
Substance misuse - Alcohol misuse

Each of these should specify:

Smoking and tobacco – Stop smoking services and interventions – net current expenditure by the local authority on public health interventions whose intention is to reduce or stop smoking. As part of this, please list:

Net current expenditure on the intervention

The gross expenditure in 2015/16 on Smoking and Tobacco services, funded from the Public Health ring fenced grant, was £607,795.

Number of people who accessed the services  
1614

Number of people who reduced their smoking or stopped smoking as a result of the intervention 655

Physical activity – adults – net current expenditure by the local authority on public health interventions whose intention is to lead to the taking up of sport on a regular basis. As part of this, please list:

Net current expenditure on the intervention

The gross expenditure in 2015/16 on Physical Activity for Adults, funded from the Public Health ring fenced grant, was £429,691.

Number of people who accessed the services  
571 individuals recorded for targeted programmes (walking football, Us Girls, health walks etc

Number of people who took up sport on a regular basis as a result of the intervention

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Not measured and not available

Obesity – adults – net current expenditure by the local authority on public health interventions whose intention is to lead to weight loss.

As part of this, please list:

Net current expenditure on the intervention

The gross expenditure in 2015/16 on Obesity services for Adults, funded from the Public Health ring fenced grant, was £185,807.

Number of people who accessed the services

210 started the programme

Number of people who have lost weight as a result of the intervention

138 completed the programme. 120 (87%) lost weight.

Substance misuse - Alcohol misuse – adults – net current expenditure by the local authority on public health interventions whose intention is to diminish alcohol consumption. As part of this, please list:

Net current expenditure on the intervention

The gross expenditure in 2015/16 on Substance Misuse services for Adults, funded from the Public Health ring fenced grant, was £1,908,300. This includes services for both Alcohol and Drug misuse, and it is not possible to split the cost.

Number of people who accessed the services

675

Number of people who have reduced their alcohol intake as a result of the intervention

204

Please also list the metric used to determine cost-effectiveness for each of the above four interventions. If a cost-effectiveness metric is not used, please list any alternative methods for each of the above four interventions.

For the financial year 2015/16 we did not carry out any efficacy or cost effectiveness reviews for any of the following non-statutory public health functions of the Director of Public Health. However all interventions in relation to the programmes below are based on robust national evidence of effectiveness. Service specifications are underpinned by the most up to date guidance from the National Institute of Health and Clinical Excellence. Externally commissioned services have quarterly contract monitoring processes in place.

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