



North Tyneside Council

Reference: RFI 1709022

Request:

I am writing to request information on the grounds of the Freedom of Information Act (2000).

I would like to know if any of the residential care homes, owned by your local authority, currently utilise any of the measures below to promote levels of physical activity amongst their residents.

Please write 'Yes' or 'No' in the relevant rows next to 'Answer'.

If Yes Please elaborate with any available details.

Promoting levels of physical activity in residential homes

Strategy for Physical Activity - Do any of the residential care homes (owned by your local authority) currently have a strategy to ensure their residents achieve the Chief Medical Officer's recommended guidelines for physical activity?

Answer:

North Tyneside do not own any residential care homes for adults, therefore the answer will be not applicable
No specific strategy in place for children's homes, linked to individual care plans.

Strategy for Health and Wellbeing - Do any of the residential care homes (owned by your local authority) have a strategy to promote the health and wellbeing of residents, which specifically includes measures to promote physical activity?

Answer:

North Tyneside do not own any residential care homes for adults, therefore the answer will be not applicable
As above for children's homes.

Measuring levels of physical activity - Do any of the residential care homes (owned by your local authority) measure how much physical activity residents take part in per day, or per week?

Answer:

North Tyneside do not own any residential care homes for adults, therefore the answer will be not applicable
Recorded in each child's daily records.

Staff training on the benefits of physical activity - Do any of the residential care homes (owned by your local authority) provide training to members of staff regarding the benefits of physical activity amongst older people?

Answer:

North Tyneside do not own any residential care homes for adults, therefore the answer will be not applicable
All staff take part in training linked to promoting the health and well-being of C&YP.

Staff training in the promotion of physical activity - Do any of the residential care homes (owned by your local authority) provide training to members of staff regarding how to promote levels of physical activity amongst older people?

Answer:

North Tyneside do not own any residential care homes for adults, therefore the answer will be not applicable
Not applicable for children's homes

The information supplied to you is owned by the council unless otherwise stated and may be protected by copyright. You are free to use it for your own purposes, including any non-commercial research or for the purposes of news reporting. Any other re-use of a commercial nature will require the permission of the Council. Further enquiries in this respect should be directed to Head of Law and Governance, North Tyneside Council, Quadrant The Silver Link North, Cobalt Business Park, North Tyneside, NE27 0BY

Date: 08/09/2017

Page 1 of 1