(Note: These minutes are subject to confirmation at the next meeting of the Board scheduled to be held on 15 March 2018.)

# **Health and Wellbeing Board**

# 11 January 2018

Present: Councillor M Hall (Chair)

Councillors K Clark, M A Green and T Mulvenna

W Burke, North Tyneside Council J Old, North Tyneside Council

J Matthews, North Tyneside Clinical Commissioning Group

P Kenrick, Healthwatch North Tyneside J McAteer, Healthwatch North Tyneside

J Jollands, Northumberland, Tyne & Wear NHS Trust

N Bruce, Newcastle Hospitals NHS Trust C Armstrong, North East Ambulance Service

H Minney, TyneHealth

J Pratt, Tyne & Wear Fire & Rescue Service R Burrows, Safeguarding Children Board

A Watson, North of Tyne Pharmaceutical Committee

## Also Present

Members of the Adult Social Care, Health & Wellbeing Sub-Committee

H Hudson, S Woodhouse, M Taylor and M Robson, North Tyneside Council

S Rundle, North Tyneside Clinical Commissioning Group

A Richardson, Northumbria Healthcare NHS Trust

#### HW28/01/18 Apologies

Apologies for absence were received from Councillor G Bell (North Tyneside Council), L Young Murphy and A Paradis (North Tyneside CCG), J Stonebridge (Northumbria Healthcare NHS Trust), G O'Hare (Northumberland, Tyne & Wear NHS Trust), L Robson (Newcastle Hospitals NHS Trust), A Caldwell (Age UK North Tyneside) and D Titterton (Voluntary & Community Sector).

## HW29/01/18 Substitute Members

Pursuant to the Council's Constitution, the appointment of the following substitute members was reported:

J Jollands for G O'Hare (Northumberland, Tyne & Wear NHS Trust) N Bruce for L Robson (Newcastle Hospitals Trust)

#### HW30/01/18 Declarations of Interest and Dispensations

There were no Declarations of Interest or Dispensations reported.

#### HW31/01/18 Minutes

**Resolved** that the minutes of the meeting held on 16 November 2017 be confirmed and signed by the Chair.

# HW32/01/18 North Tyneside Joint Health & Wellbeing Strategy 2013-2023 and Development of the Health & Wellbeing Board Work Plan 2018-2020

The Board were presented with proposals to review the Joint Health & Wellbeing Strategy 2013-2023 and to determine the Board's work plan for 2018-2020.

The Board had responsibility to prepare a Joint Health and Wellbeing Strategy to improve the health and wellbeing of the local community and reduce inequalities for all ages, based on a continuous process of strategic assessment and planning. The North Tyneside strategy had been published in 2013. During 2017 the Board had decided to review the strategy. This had involved two events with a range of stakeholders from across the health and social care sectors. A task and finish group had been established to reflect on the outcomes from the events, review the strategy and develop a work plan for the Board.

The process had drawn the following conclusions about the current strategy:

- The policy context had changed since 2013 and there were new and significant policy drivers.
- The health and social care needs of the population had not changed significantly but the Joint Strategic Needs Assessment had been updated.
- The vision and the values of the strategy were broad enough to remain relevant.
- The objectives were broad enough to remain current but there were too many objectives that were similar and they were not 'SMART' (specific, measurable, attainable, realistic, timescales).
- There were no specific deliverable actions and measures.
- There was no responsibility and accountability for delivering aspects of the strategy.
- There should be a clear focus on prevention with action across the life course.
- Emotional and mental wellbeing should be a priority.
- Governance arrangements should be leaner and the Integration Board was no longer required.

The Board were presented with a review of the strategy which highlighted the progress made to date and reflected on the strategic context and key system drivers to be faced now and over the next 5 years. The review proposed five refreshed strategic goals that would support the delivery of the vision set out in the strategy:

- To focus on outcomes for the population in terms of measurable improvements in health and wellbeing.
- To reduce the difference in life expectancy and healthy life expectancy between the most affluent and most deprived areas of the borough.
- To shift investment to focus on evidence based prevention and early intervention wherever possible.
- To engage with and listen to local communities on a regular basis to ensure that their needs are considered and wherever possible addressed.
- To build resilience in local services and communities through a whole system approach across statutory and non-statutory interventions, to deliver better outcomes for the public and better use of public money.

The Board were also presented with a work plan for the Board covering the period 2018-2020. It contained nine challenging objectives to support delivery of the strategic goals set out in the strategy. These objectives were deemed sufficiently challenging to support meaningful change and impact, were measurable and could only be successfully achieved through true partnership working by Board members and their respective organisations. The nine objectives were:

- To tackle childhood accidents
- To reduce the use of tobacco across the life course
- To tackle obesity across the life course
- To improve the mental health and emotional resilience of the of North Tyneside population
- An integrated approach to identifying and meeting carer health and wellbeing needs (all ages)
- To reduce alcohol misuse
- Comprehensive support for people with dementia
- Reduce social isolation and increase cultural engagement across the population of North Tyneside to improve health and wellbeing
- To reduce falls and fractures risk and ensure effective treatment, rehabilitation and secondary prevention for those who have fallen.

It was proposed that an accountable body would be responsible for each of nine objectives set in the work plan. The plan identified an existing partnership board to take responsibility for delivery of 7 of the 9 objectives. As there was no existing appropriate body to take responsibility for the two remaining objectives, relating to carers needs and social isolation, it was proposed that a new board be established for this purpose. It was acknowledged that this new board would have to involve the community and voluntary sector in recognition of its increasing role in providing services to tackle social isolation. It would also be important to involve carers in the work of the board but their expectations would have to be carefully managed in the light of the current financial pressures.

Members of the Board expressed their support for the work plan and the objectives contained within it as it provided a shared agenda for all partners to continue to focus their work on those areas considered to be priorities.

A forward plan for Board meetings would be prepared to ensure that progress made in delivering the actions associated with each objective were proportionately and routinely monitored by the Board and any issues could be escalated to any Board meeting.

**Resolved** that (1) the review of the Joint Health and Wellbeing Strategy 2013-23 be approved;

- (2) the Health and Wellbeing Board Work Plan for 2018-2020 be approved; and
- (3) relevant accountable bodies be tasked with the responsibility to report and deliver on the nine objectives set out in the work plan.

## HW33/01/18 Health, Wellbeing and Social Care Commissioning Intentions 2018/19

The Board received a joint presentation from officers of the Council and North Tyneside Clinical Commissioning Group (CCG) in relation to their commissioning intentions for health, social care and wellbeing in 2018/19. The Board had a duty to consider whether the commissioning intentions took proper account of the Joint Health & Wellbeing Strategy and Joint Strategic Needs Assessment and it was able to give its opinion to the CCG and Council if it so wished.

In order to avoid duplication, the intentions were presented and considered jointly with the Council's Adult Social Care, Health & Wellbeing Sub-Committee (see minute ASCHW53/01/18).

The Board were presented with contextual data and details of the current drivers for the Council and CCG in terms of commissioning health, social care and wellbeing services. These included an analysis of the health needs of the population, the policy direction contained within the Northumberland, Tyne and Wear and North Durham Sustainable Transformation Plan, those services and issues where progress had been good and those where improvement was required, continuing financial pressures and increasing demands on services.

Within this context, officers provided an overview of the Council and CCG's priorities for 2018/19 in relation to adult social care, children and young people, public health and the NHS locally. These were presented with reference to how they contributed towards the five refreshed strategic goals contained within the Joint Health and Wellbeing Strategy.

The Council and CCG's commissioning intentions and budget proposals were subject to ongoing consultation and review and some specific service changes may require further consultation throughout the year. The Council's detailed service plans were also due to be subject to further examination by the Council's relevant scrutiny sub-committees in due course.

In examining the commissioning intentions members of the Board, together with members of the Adult Social Care, Health & Wellbeing Sub-Committee, discussed the following key points:

- The possibility of producing a guide on social prescribing services and for the guide to be made available to all councillors.
- As the commissioning intentions were framed in the context of financial constraints, clarification was sought on whether any services would not be procured going forward. It was explained that rather than stopping services the main aim was to look at how services could be re-designed to be more efficient and effective. It would be important to continue investing in and retaining early preventative services as they offered the biggest cost benefit.
- There was potential for the Tyne and Wear Fire and Rescue Service to signpost and promote the 'My Care North Tyneside' service through its preventative programmes in the community.
- To date there had been a soft launch of 'My Care' but plans were in place to promote
  it further. It was suggested that details of the 'My Care' service be reported to the
  Board at an appropriate time to monitor its progress.
- The annual planning guidance issued to the CCG had been delayed and so there were potentially further changes to the commissioning intentions. The Board asked that any such further changes be fed back.
- A key objective of the Joint Health and Wellbeing Strategy was to engage with and listen to local communities. In light of this the Board stressed that all partners should reflect this in its commissioning intentions.
- Reference was made to gaps in mental health services for adults and older people
  identified by Healthwatch North Tyneside but not addressed in the presentation. The
  Board heard that Healthwatch wished to support further work in this area in
  conjunction with the CCG and the Council and report the outcomes to the Board. In
  response officers explained that the presentation had been focussed on the specific
  services to be commissioned over the next year and so there were many other
  services which would continue to be delivered as usual during this this period.

**Resolved** that the Health, Wellbeing and Social Care Commissioning Intentions for 2018/19 be noted.