

Adult Social Care, Health and Wellbeing Sub-Committee

8 March 2018

Present: Councillor K Clark (Chair)
Councillors L Bell, J Cassidy, M Huscroft, T Mulvenna,
A Percy, M Reynolds, L Spillard, A Waggott-Fairley

ASCHW65/03/18 Apologies

There were no apologies received.

ASCHW66/03/18 Substitute Members

There were no substitute members.

ASCHW67/03/18 Declarations of Interest and Dispensations

Councillor Waggott-Fairley declared a registerable personal interest in item (7) Adult Social Care Service Plan Priorities 2018/19 (ASCHW71/03/18), as she was a Trustee of the North Tyneside Carers' Centre.

ASCHW68/03/18 Minutes

Resolved that the minutes of the meeting held 8 February 2018 be confirmed and signed by the Chair.

ASCHW69/03/18 Northumbria Healthcare Foundation Trust Quality Account

The Executive Medical Director, Jeremy Rushmer of Northumbria Healthcare Foundation Trust (NHCFT) presented the Trust's Annual Plan and Quality Account.

Members were informed about the annual planning process for the Trust, which included the statutory requirement to produce a Quality Account 2017/18 to inform the public of the delivery of safety and quality priorities.

The presentation highlighted the safety and quality objectives that had been identified by the Trust, these were:

- To drive improvements in the quality of care and services provided for patients suffering from breathlessness
- To improve the quality of care and services for older people
- To continue to improve the management of sepsis in hospital and community settings
- To implement the flow project to reduce delays in the system
- To improve the timeliness and quality of treatment for patients who visited the Trust with abdominal pain

In relation to the Trust's performance for the above objectives in 2017/18, the Trust were performing better than target for surviving sepsis, performing as expected for abdominal pain, flow project and frailty; and performing below target for breathlessness.

The presentation provided detailed information in relation to each objective, including current actions and the next steps.

Sepsis, frailty and project flow would continue to be safety and quality objectives in 2018/19; along with two new objectives, falls and patients & staff experience.

Acute trusts were also required to be audited against the following two indicators:

- 18 weeks referral to treatment
- A&E four hour 95% target

In relation to the next steps the sub-committee were informed that the draft Quality Account would be circulated to stakeholders including the sub-committee at the end of April 2018 for formal opinion. The final Quality Account, including stakeholder comments, would be submitted to NHS Improvement and Parliament by the end of May.

It was agreed to form a small working group to review the Quality Account and to formulate a response on behalf of the sub-committee. Councillors Joanne Cassidy, Alan Percy and Lesley Spillard volunteered to sit on the working group. The Democratic Services Officer agreed to contact the volunteers to arrange a meeting once the Quality Account became available.

The Chair thanked the representatives of NHCFT for the presentation.

It was **agreed** to set up a working group to finalise the sub-committee's response to the Trust's Quality Account and to delegate the sign off of the response to the Chair of the sub-committee.

ASCHW70/03/18 Director of Public Health's Annual Report

The Director of Public Health, Wendy Burke, gave a presentation which outlined the contents of her annual report 2016/17.

The presentation which was titled 'Thriving and Surviving' Mental Wellbeing in North Tyneside, highlighted the importance of creating the conditions for everyone to thrive and reach their full potential and how this was fundamental to all our lives and to the community.

Indicators of good mental health included, improved education attainment, increased quality of life, safer communities with less crime, reduced health inequalities, reduced sickness absence and improved productivity and employment retention.

The presentation outlined the protective factors that promoted good mental wellbeing and resilience for children & young people and adults; and demonstrated the evidenced based interventions and approaches that could enhance protective factors.

Communities and social networks to which individuals belonged over their lifetime had a significant impact on emotional wellbeing and their ability to thrive. Thriving communities were those where people were well connected, inclusive and supportive.

In terms of measuring good mental health and wellbeing, North Tyneside performed similar to the national average against a range of core measures which related to thriving.

Good housing, feeling safe, having a positive view of the economy and a sense of belonging were all positive drivers for good mental wellbeing; as opposed to poor housing, feeling unsafe and not being happy with the area as a place to live which caused poor mental wellbeing.

The sub-committee heard about the areas to focus on to improve mental wellbeing, which included:

- Promotion of the protective factors
- Recognising early signs of poor mental health in children and young people and offering timely support.
- Supporting unemployed working age adults into good quality employment
- Providing access to resources and support for those unable to work to lead fulfilling lives
- Providing debt advice and support
- Promoting physical activity to improve mental functioning
- Identifying isolated older people who are less visible within our communities

The Chair thanked the Director of Public Health for her comprehensive and informative presentation.

ASCHW71/03/18 Adult Social Care Service Plan Priorities 2018/19

The Assistant Director Strategy and Transformation, Haley Hudson and the Strategic Commissioning Manager Adults, Scott Woodhouse gave a presentation on Adult Social Care Service Planning 2018/19.

The Adult Social Care (ASC) service supported people aged 18 and over who were vulnerable or at risk with social care needs. Approximately 390 people were working in the service. Annually there were 6,000 clients with assessed services and numbers were rising by 100 per year, however this was lower than expected partly due to the amount of people being supported with information and advice (approx 15,000 per year).

There were some legal/policy changes coming up which would impact on ASC these included the Green Paper of funding for ASC; General Data Protection Regulations;

revised framework for Continuing Health Care & NHS funded nursing care; and the EU Web Accessibility Directive.

The presentation provided detail of the 2018/19 business cases and how much savings would be made in 2018/19 and 2019/20. It was anticipated that £2.5m would be saved in 2018/19 through People Wellbeing Services. It was explained that this would be done through looking at how teams/people supporting the wellbeing of residents in North Tyneside were organised; working across multiple service areas to strengthen the wellbeing offer; and a strong online offer that helped as many people as possible. It would also work closely with communities to understand what they needed and what was already there; give people a stronger voice and the opportunity to shape their community; and tailoring the offer to reflect the community.

Other plans and priorities for 2018/19 were highlighted in the presentation which included promoting independence through continued development of a range of housing options that supported people's assessed care needs and reviewing support to live at home services.

A member expressed concern about the current market/financial pressures on care sector services throughout the North East and whether there were any signs it was starting to affect the North Tyneside's care sector. Scott Woodhouse explained that one of the biggest challenges that care homes faced was meeting the cost pressure related to the living wage and also the ability to attract people into care home jobs. Care home occupancy in North Tyneside on average was 83%, however this varied between individual care homes. Nationally a number of care homes run by Four Seasons had closed, there were four care homes run by Four Seasons in the borough and if these were to close it would cause problems for the Authority.

In relation to a number of legal challenges that had been made nationally by care providers regarding the level of fees paid to them, members sought clarification on what the situation was in North Tyneside. Scott Woodhouse informed the sub-committee that to date there hadn't been any legal challenges, however as fees and costs became more challenging the Authority would need to continue to work closely with care providers to avoid potential legal challenges.

The Chair thanked the officers for the presentation.

ASCHW72/03/18 Work Programme 2018/19

The Chair sought member's views on potential topics for in-depth scrutiny for inclusion on the sub-committee's draft work programme 2018/19.

A member suggested that the work programme included looking at some of the subsidiary health services such as dentistry, ophthalmology etc.

The Chair requested that members let her or the Democratic Services Officer know if they had any suggestions for topics.

It was **agreed** that if members had any suggested topics for inclusion on the sub-committee's draft work programme 2018/19, that they forward them to the Chair or the Democratic Services Officer.

The Chair concluded the meeting by wishing Jenny McAteer of North Tyneside Healthwatch good luck in her new job. She also thanked the Democratic Services Officer for the support she had provided to herself and the sub-committee and wished her all the best for the future.