

# Health Needs Audit

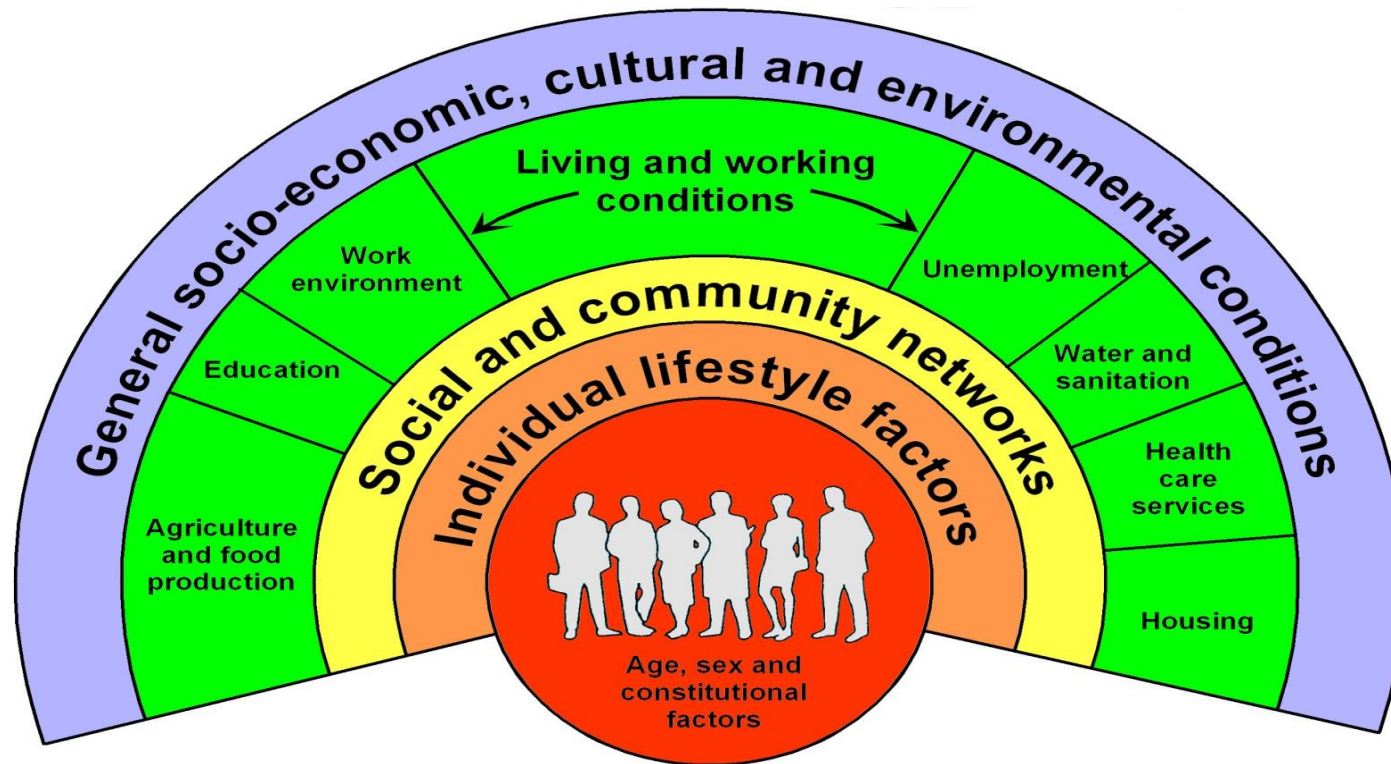
Carried out over a 4 week period during November and December 2016

**86 Clients completed the Audit**



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# What makes us vulnerable to poor health?



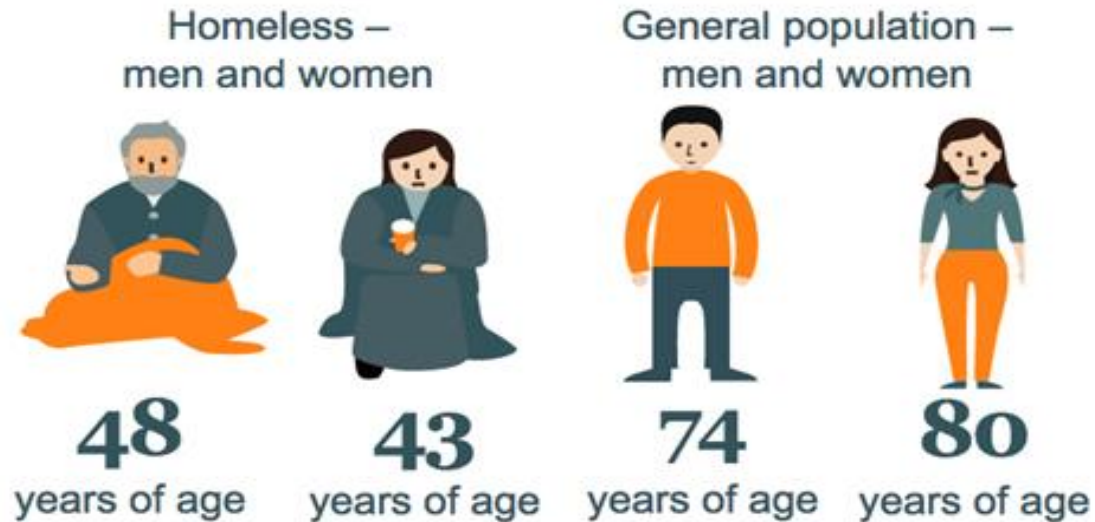
Source: Dahlgren and Whitehead, 1991



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# Homelessness

Average age of death in 2001–2009

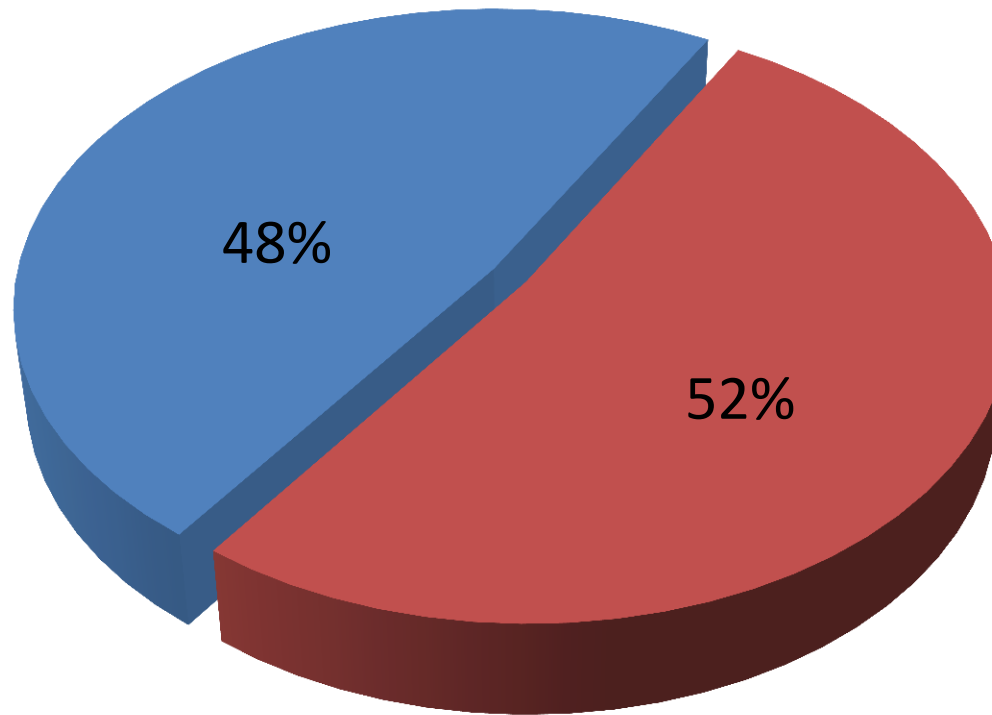


Source: Equalities and Human Rights Commission, Is England Fairer?



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## Gender



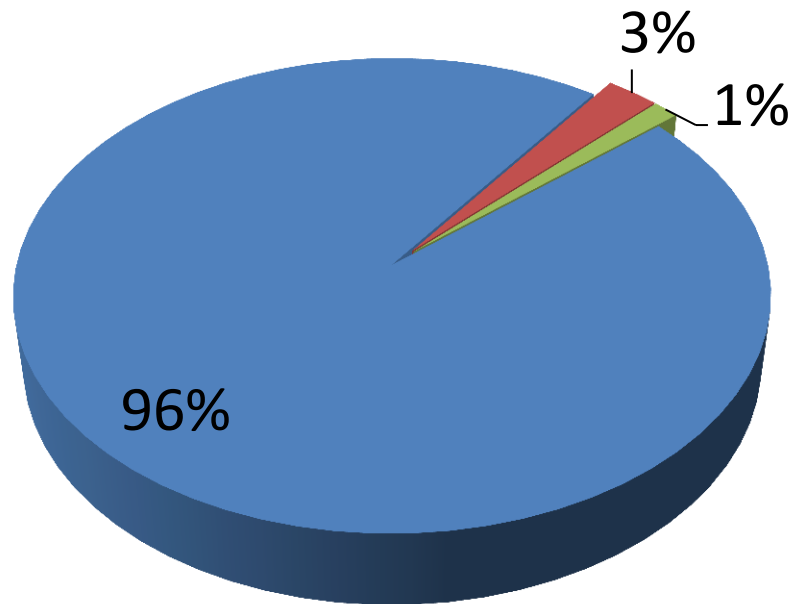
■ Female (42) ■ Male (45)

**AVERAGE AGE WAS 24. RANGES WERE BETWEEN 16 & 54**



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# Ethnic Groups



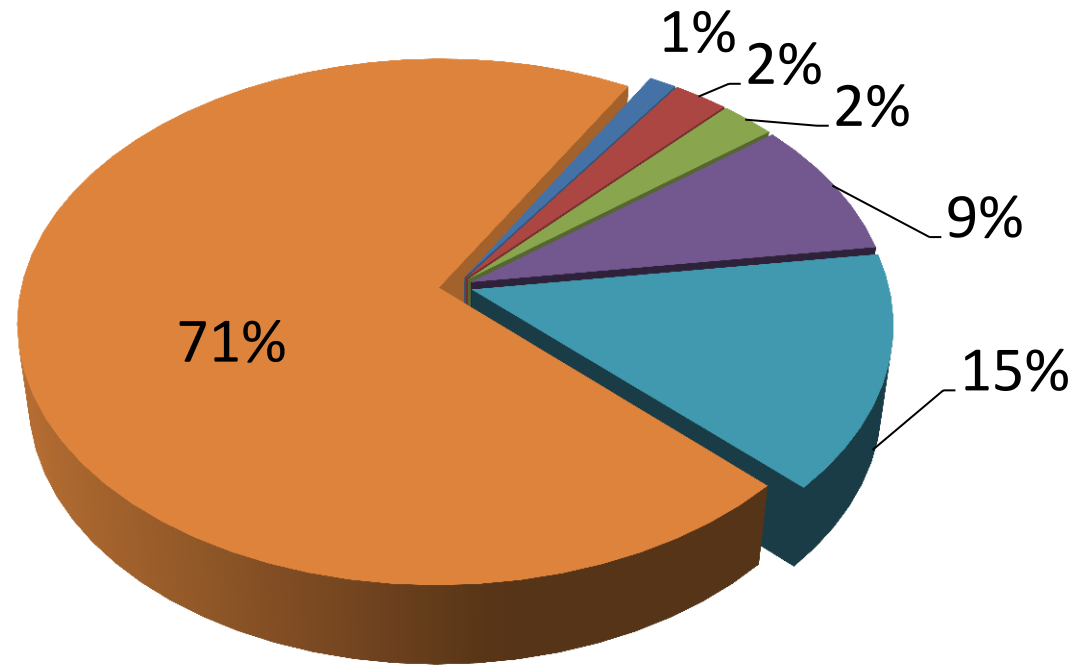
- White (75)
- Mixed / Multiple ethnic groups (2)
- Other ethnic group (1)

Less ethnically diverse than the general population



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# How long have you been in North Tyneside?



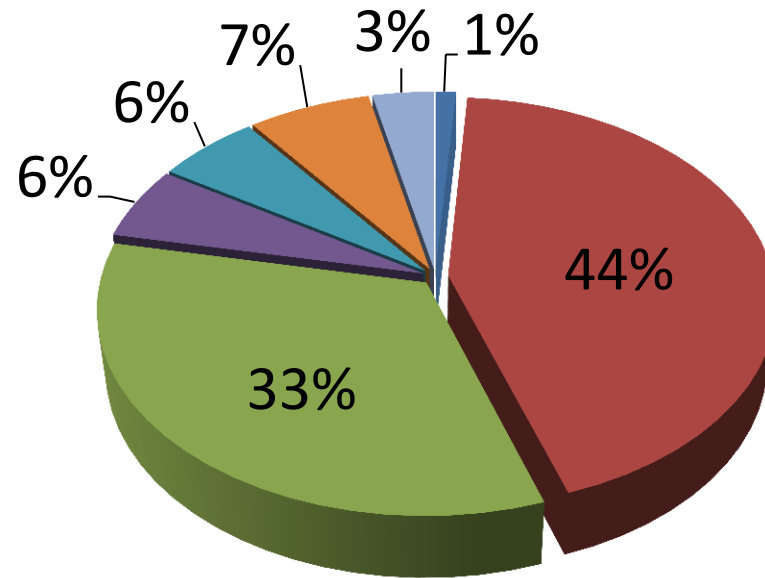
- 1-3 months (1)
- 4-6 months (2)
- 7-12 months (2)
- Between 1-2 years (7)
- More than two years (12)
- From North Tyneside (59)

24 CLIENTS NOT ORIGINALLY FROM NORTH TYNESIDE



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# Where are you currently sleeping?



- Client did not answer (1)
- In a hostel or supported accommodation (29)
- Other (5)
- Sleeping rough on streets/parks (3)
- Housed in own tenancy (38)
- In B&B / other temporary accommodation (5)
- Sleeping on somebody's sofa/floor (6)

**Smaller proportions were rough sleeping, squatting or sofa surfing**



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# BACKGROUNDS

DO YOU HAVE ANY OF THE FOLLOWING BACKGROUNDS?	No	Yes	%
Spent time in prison	73	15	17%
Spent time in a secure unit or young offender institution	81	7	8%
Spent time in local authority care	72	16	18%
Spent time in the armed forces	88		0%
Admitted to hospital because of a mental health issue	76	12	14%
Been a victim of domestic violence	59	29	33%
None of these backgrounds	60	28	32%

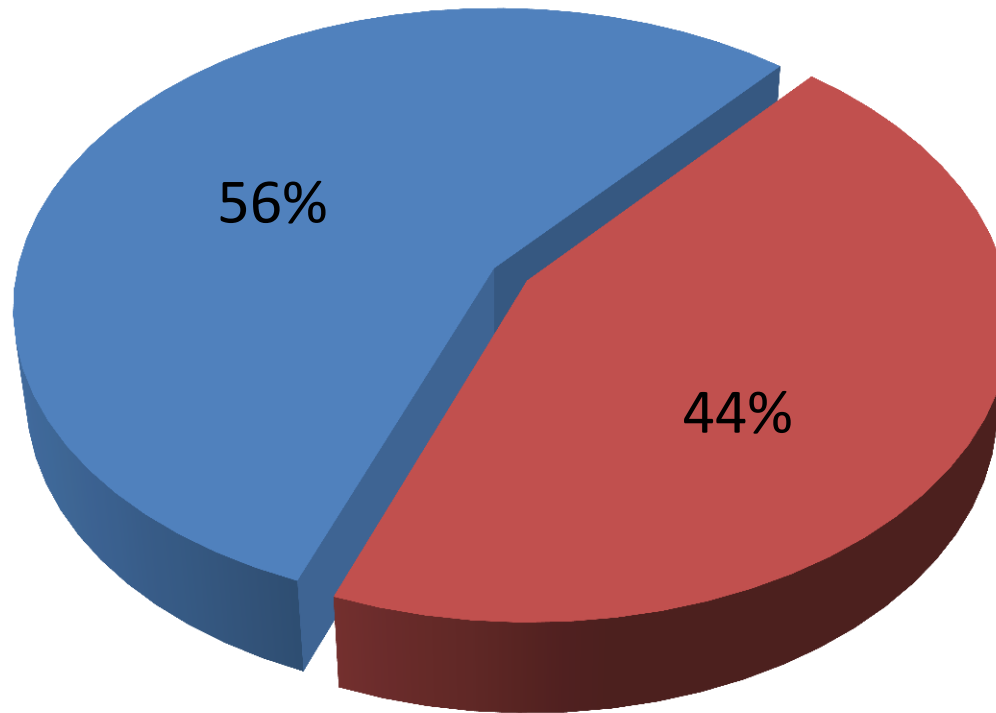
**Top three backgrounds are domestic violence, been in LA care and spent time in prison**



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## Long standing illness or disability?



■ No (45) ■ Yes (36)



# ACCESS TO SERVICES IN THE LAST 12 MONTHS

IN THE LAST 12 MONTHS HAVE YOU:-	No	%	Yes	%	Over 3 times	%
Been to a GP or homeless healthcare service?	10	12%	71	88%	46	57%
Been to A&E?	45	57%	34	43%	7	9%
Used an ambulance?	56	75%	19	25%	2	3%
Been admitted to hospital?	56	74%	20	26%	4	5%
Been to a dentist?	42	52%	39	48%	4	5%
Used a community mental health service?	62	78%	17	22%	10	13%
Used a drug and alcohol service?	62	83%	13	17%	9	12%



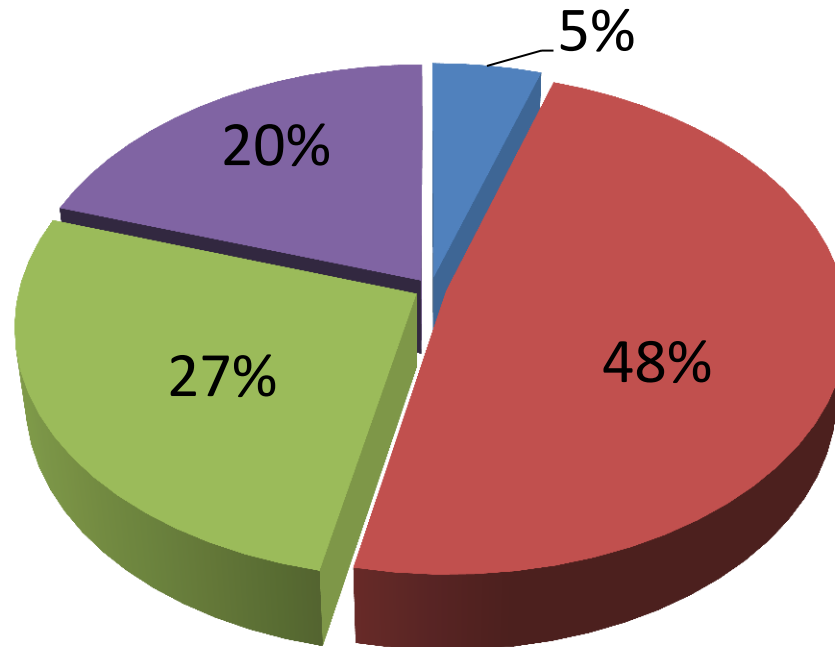
Health Problems	No	%	Yes, in the last 12 months	%	Yes, more than 12 months ago	%
Heart problems	72	99%	1	1%	0	0%
Chronic breathing problems	69	93%	4	5%	1	1%
Asthma	67	89%	5	7%	3	4%
Cancer	72	99%	0	0%	1	1%
High blood pressure	71	95%	3	4%	1	1%
Joint aches/problems with bones and muscles	61	80%	12	16%	3	4%
Difficulty seeing/eye problems	63	89%	4	6%	4	6%
Skin/wound infection or problems	68	93%	3	4%	2	3%
Problems with feet	65	90%	5	7%	2	3%
Fainting/blackouts	70	95%	2	3%	2	3%
Urinary problems/infections/incontinence	65	88%	5	7%	4	5%
Circulation problems/blood clots	67	92%	3	4%	3	4%
Liver problems	69	95%	1	1%	3	4%
Stomach problems, including ulcers	66	92%	6	8%	0	0%
Dental/teeth problems	63	88%	5	7%	4	6%
Diabetes	70	99%	0	0%	1	1%
Epilepsy/seizures	71	96%	2	3%	1	1%
HIV	73	100%	0	0%	0	0%
Tuberculosis (TB)	70	99%	0	0%	1	1%
Hepatitis C	71	96%	2	3%	1	1%
Other	32	91%	1	3%	2	6%

NO CLIENTS DIAGNOSED WITH HIV OR TB



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## Support / treatment for your health problems



■ No, but it would help me (3)

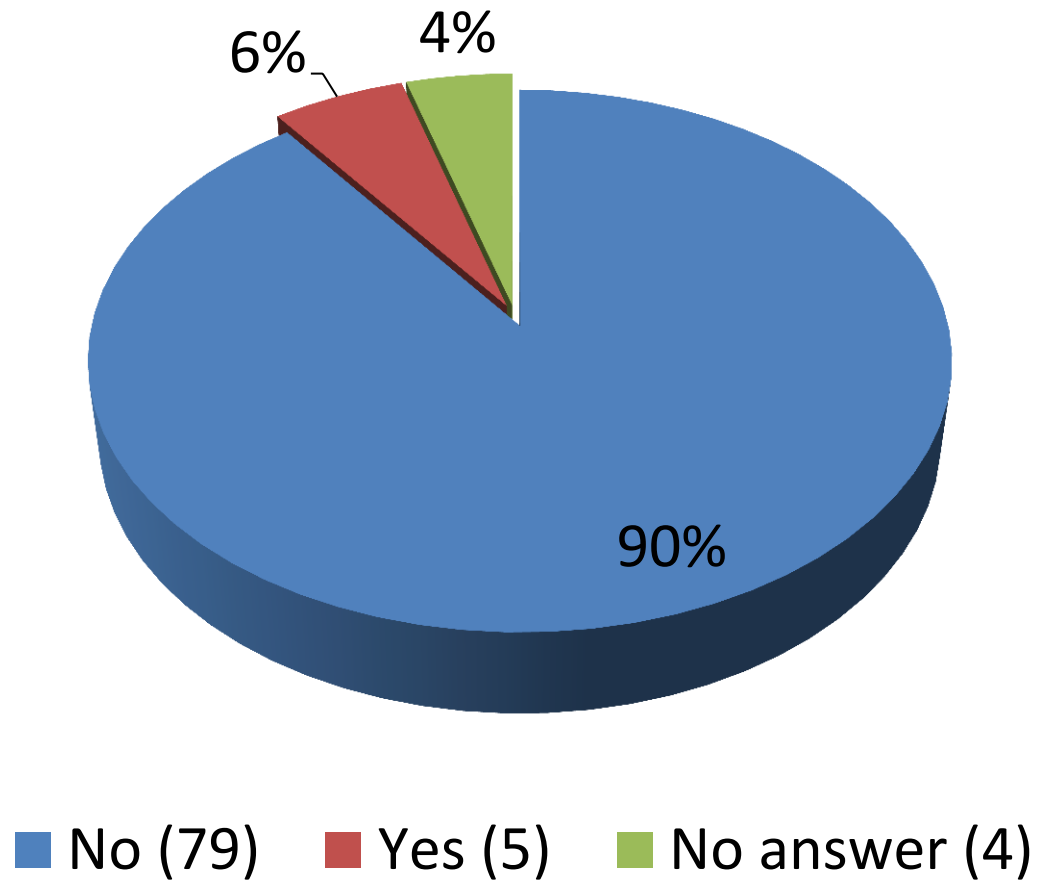
■ No, I do not need any (29)

■ Yes, and it meets my needs (16)

■ Yes, but I'd still like more help (12)



## Support / treatment for your health problems



1 STILL HAS EXCLUSIONS IN PLACE

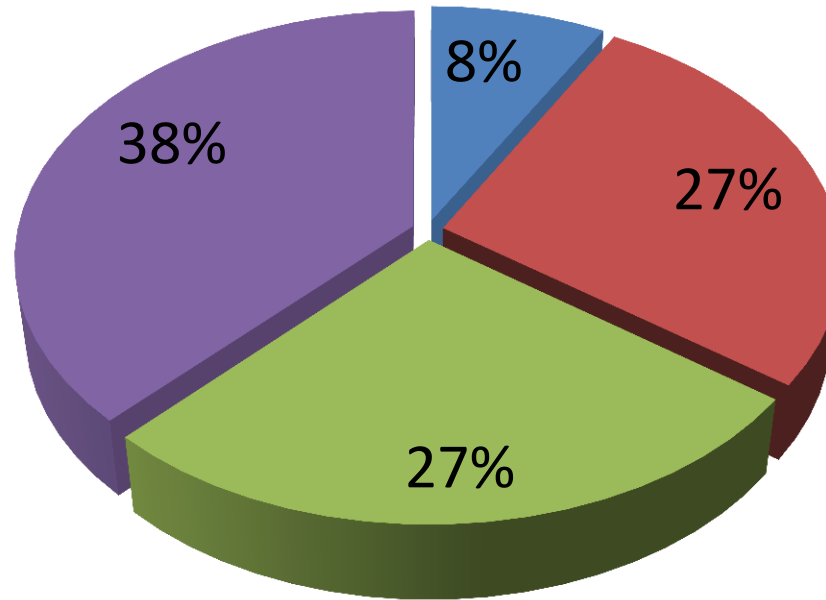


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HAS A DOCTOR OR HEALTH PROFESSIONAL EVER TOLD YOU THAT YOU HAVE ANY OF THE FOLLOWING MENTAL HEALTH OR BEHAVIOURAL CONDITIONS?	No	%	Yes, in the last 12 months	%	Yes, more than 12 months ago	%
Depression	25	30%	49	59%	9	11%
Anxiety disorder or phobia	36	47%	32	42%	8	11%
Psychosis	64	94%	4	6%	0	0%
Personality disorder	59	89%	7	11%	0	0%
Post traumatic stress disorder	57	84%	9	13%	2	3%
Eating disorder	59	91%	3	5%	3	5%
Dual diagnosis with a drug or alcohol problem	49	75%	13	20%	3	5%
ADHD	59	87%	5	7%	4	6%
Learning disability or difficulty	51	75%	10	15%	7	10%
Autism/aspergers	62	97%	1	2%	1	2%
Other mental health or developmental condition	33	97%	0	0%	1	3%



## Support / treatment for your mental health



- No, but it would help me (6)
- No, I do not need any (20)
- Yes, and it meets my needs (20)



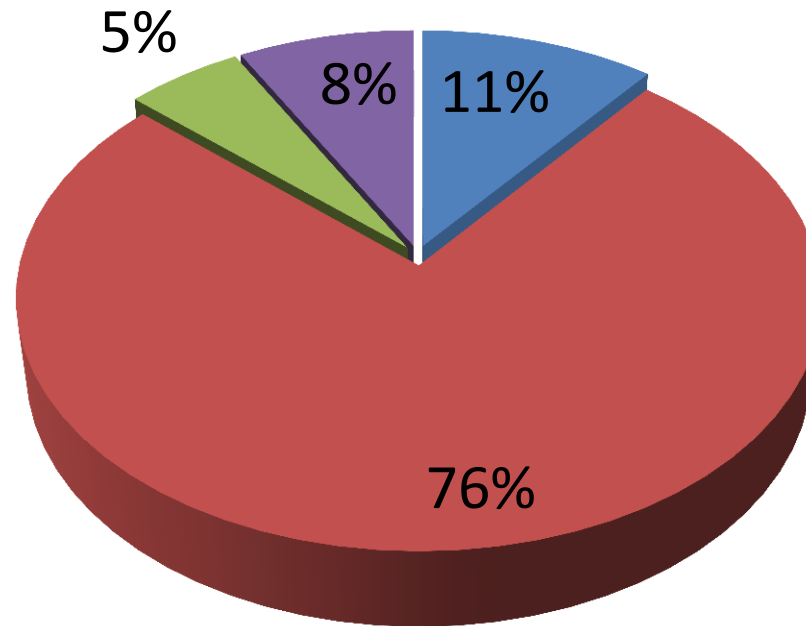
# SUBSTANCE MISUSE

IN THE LAST 12 MONTHS HAVE YOU TAKEN ANY OF THE FOLLOWING?	Yes	%
Heroin	3	3%
Crack	2	2%
Cocaine	8	9%
Cannabis/weed	36	41%
Amphetamines/speed	15	17%
Tranquilisers, such as benzodiazepines/benzos, not prescribed for you	9	10%
Any other prescription drugs, not prescribed for you	6	7%
New Psychoactive Substances (also known as legal highs)	6	7%
IV drugs (drugs you inject)	2	2%
No drug use in the last 12 months	33	38%
Client did not answer	11	13%





# Support / treatment for your drug problem



■ No, but it would help me (4)

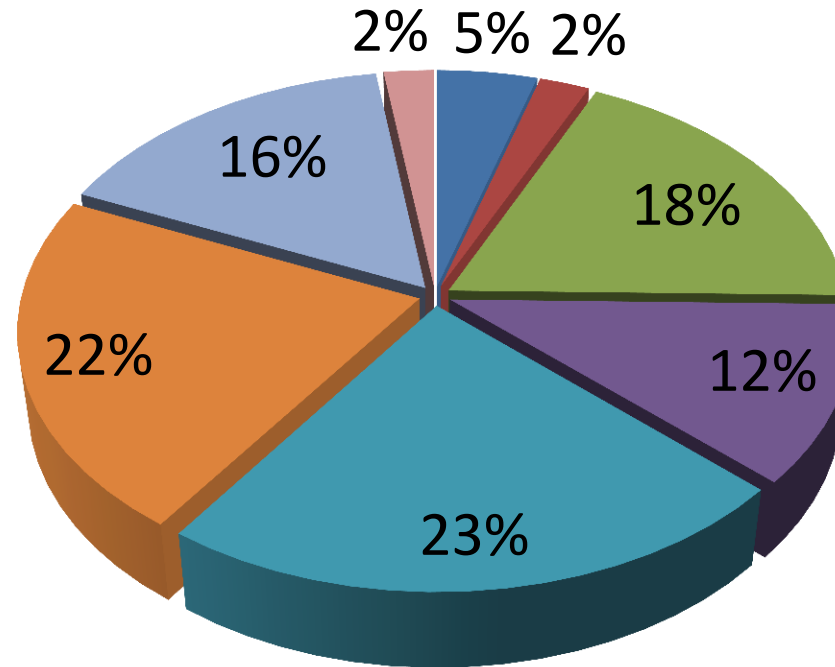
■ No, I do not need any (28)

■ Yes, and it meets my needs (2)

■ Yes, but I'd still like more help (3)



# Alcohol consumption in the past 12 months



■ Almost every day (4)

■ Not at all in the last 12 months (16)

■ Once or twice a month (20)

■ Once or twice a year (14)

■ Client did not answer (2)

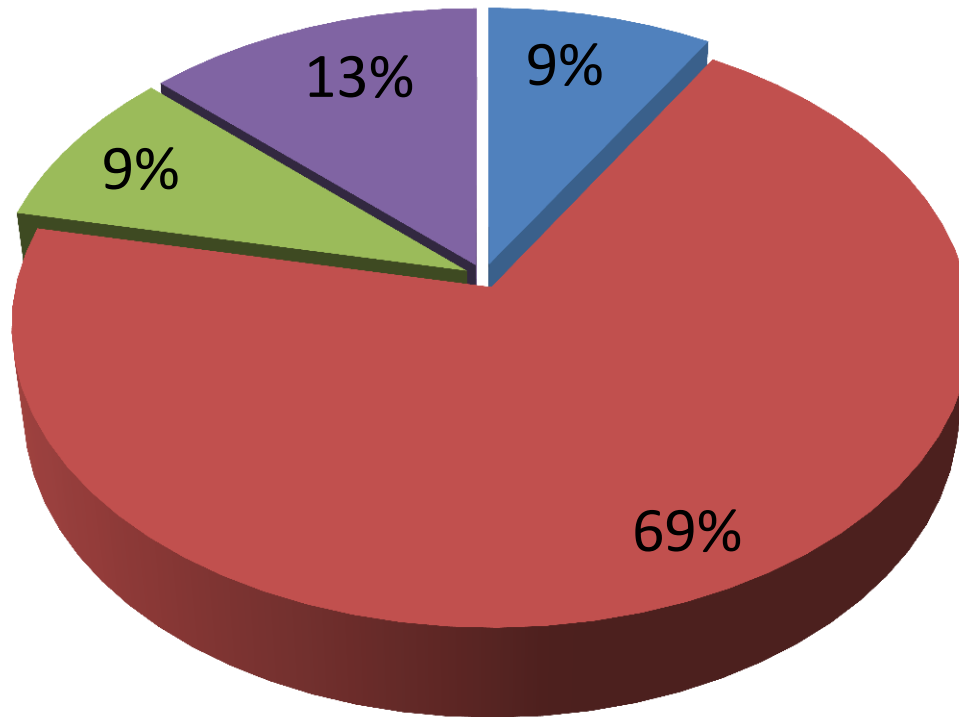
■ Once every couple of months (10)

■ Once or twice a week (19)

■ Three or four days a week (2)



# Support / treatment for your alcohol problem



■ No, but it would help me (2)

■ No, I do not need it (16)

■ Yes, and it meets my needs (2)

■ Yes, but I'd still like more help (3)



# Key Facts

- Gender of respondents similar to that of wider population
- 95% of respondents have been in North Tyneside over a year
- Men more likely to sleep rough
- 88% have accessed services from GP or homeless healthcare service in the last 12 months.
- 70% have been diagnosed with depression
- 25% have a dual diagnosis for mental health problems with drug or alcohol use
- 25% have a learning disability or difficulty
- 16% suffer from PTSD



# Upstream Indicators

- 17 % have been to prison
- 33 % are victims of domestic abuse
- 14% have been admitted to hospital for a mental health issue
- 18% have been in Local Authority care
- 8% have been in a young offender institution

Of those who responded:

- 31 % declared they needed support for an alcohol problem
- 24% declared they needed support for a drug problem
- 73% declared they needed support for a mental health problem

**BUT** , not everyone accesses the services they need and some feel that they need more support



# Next Steps

- Undertake further analysis of the Health Needs Audit Data
- Share findings within North Tyneside Council
- Share findings with Service Providers
- Share findings with Homelessness Forum
- Share findings with Health and Wellbeing Board
- Compile recommendations



**Any questions?**



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