# North Tyneside Health and Wellbeing Board

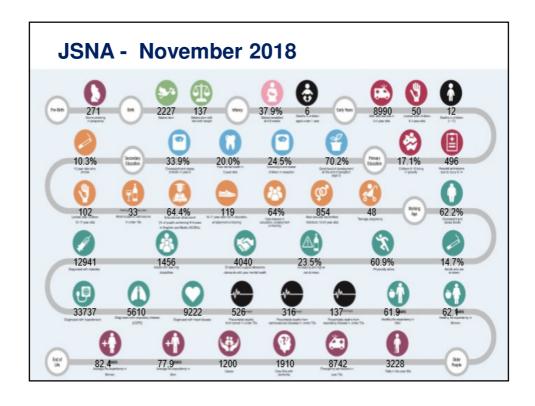
Annual Presentation of Commissioning Intentions

7 March 2019



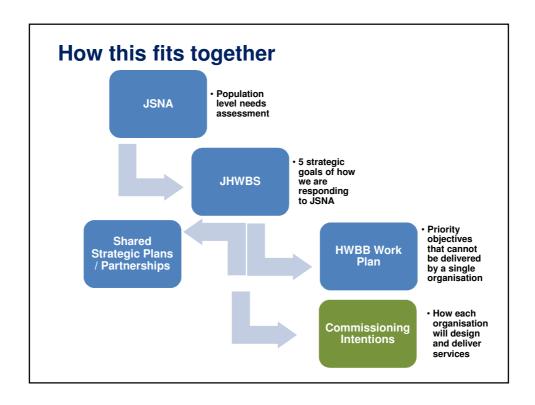
# Introduction

- · Commissioning intentions are:
  - Communicated with the HWBB
  - Reflect the JSNA and Joint Health and Wellbeing Strategy (JHWBS)
- Our journey:
  - Try to avoid duplication with Scrutiny functions
  - Work together to demonstrate the synergy between different commissioners
  - Make links with the JHWBS
  - Try to make it interesting!



#### JHWBS - a reminder

- To focus on outcomes for the population in terms of measurable improvements in health and wellbeing
- To reduce the difference in life expectancy and healthy life expectancy between the most affluent and most deprived areas of the borough
- To shift investment to focus on evidence based prevention and early intervention wherever possible
- To engage with and listen to local communities on a regular basis to ensure that their needs are considered and wherever possible addressed
- To build resilience in local services and communities through a whole system approach across statutory and non-statutory interventions, to deliver better outcomes for the public and better use of public money



#### On the horizon

- NHS long term plan:
  - Expanded community teams for support at home
  - · Mental health
  - · Same day emergency care
  - · Mental health funding boost
  - · ICS and ICP

#### Adult social care Green Paper:

- · Long term funding solutions
- Possibly 2020

#### Combined Authority:

- · Health and social care not currently in scope
- Local System Reviews

## **Early years**

- Reduce prevalence of smoking in pregnancy
- Improve breastfeeding initiation and rates at 6-8 weeks:
  - Stage 3 Unicef accreditation in place for 0-19 service but needs to be achieved by NHCFT
- Roll out training for perinatal mental health and improve pathways
- Early identification of preschool children with SEND
- Maximise the uptake of the 2 year targeted child care offer

## Children and young people

- · Improve mental health of young people
  - Understand gaps in provision through strategic alliance with Barnardo's
  - Implement findings of health and wellbeing survey in schools and MH:2K project
  - Undertake and implement findings from CAHMS review
  - · Continue to fund Kooth.com
  - Make application for wave 2 of national mental health trailblazer
- Improve support to children and families affected by drugs and alcohol
  - Implement the PHE funded 'Bottled Up' project for children of alcohol dependent parents

## Children and young people

- New drug & alcohol support pathway for young people
- Consultation for PHE national childhood obesity trailblazer and act upon findings
- Special Educational Needs and Disability (SEND)
  - Increase special school places
  - Joint commissioning with health
  - · Co-production of proposals with parents
- Commission a new framework for providers of independent foster care
- Implement a new edge of care service for families with children either in or at risk of entering care

# Working age adults

- Focus on prevention:
  - Reduce smoking prevalence by tackling nicotine dependence across the local system
  - Promote healthy weight / weight management support
  - Embed the newly procured all age specialist drug and alcohol service and improve treatment outcomes
  - Review suicide prevention action plan
- Health needs assessment of long term conditions
- Real time surveillance & response to drug related deaths and suicide
- Improve outcomes for people with mental health, learning disability and developmental disorders
- Improve prevention, early detection, treatment pathways and patient experience for cancer
- Develop primary care and other services for integrated care on a locality basis

# Older people

- Improve the identification and support of carers' health and wellbeing needs
- Integrate services, where appropriate, to improve care and quality and access to services
- Strengthen services to reduce the impact of frailty on people's lives and to prevent falls
- Provide joined up care to residents in care homes via in-reach services
- Maximise the opportunities afforded by assistive technology to better support people in their own homes
- Continue to develop alternative housing options to support people to continue to live independently

## What residents are telling Healthwatch

- General practice and primary care access
- Urgent and Emergency care
  - · Role of services
  - Waiting times & appointments
  - Getting there
- **NHS 111** role & quality
- · Mental Health
  - Young People
  - Older people
  - Working age
- Cancer waiting times and ongoing support
- Social care
  - Access
  - Care homes
- Care at home gap in feedback

