

# NHS Direction of Travel

## An Integrated Care System for the North East and North Cumbria

### Update & Next Steps

22 August 2018

**Developing Integrated  
Health and Care Partnerships**  
North East and North Cumbria



**12 Clinical  
Commissioning  
Groups**



**12 unitary local  
authorities and  
2 county councils  
with districts**



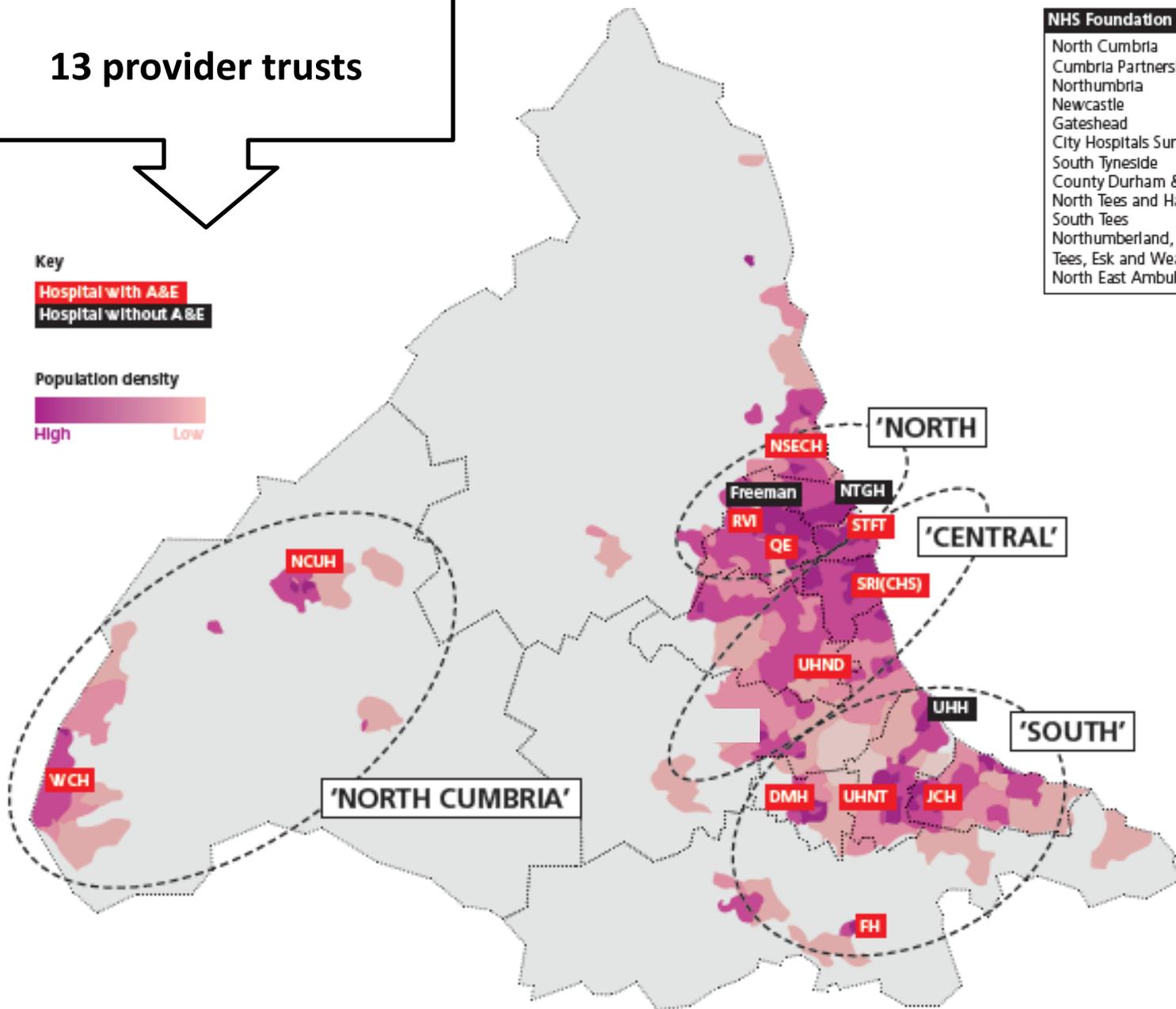
13 provider trusts

NHS Foundation Trusts
North Cumbria
Cumbria Partnership
Northumbria
Newcastle
Gateshead
City Hospitals Sunderland
South Tyneside
County Durham & Darlington
North Tees and Hartlepool
South Tees
Northumberland, Tyne & Wear Mental Health
Tees, Esk and Wear Valley Mental Health
North East Ambulance Service

Key

Hospital with A&E  
Hospital without A&E

Population density



# Why do we need to become an Integrated Care System?

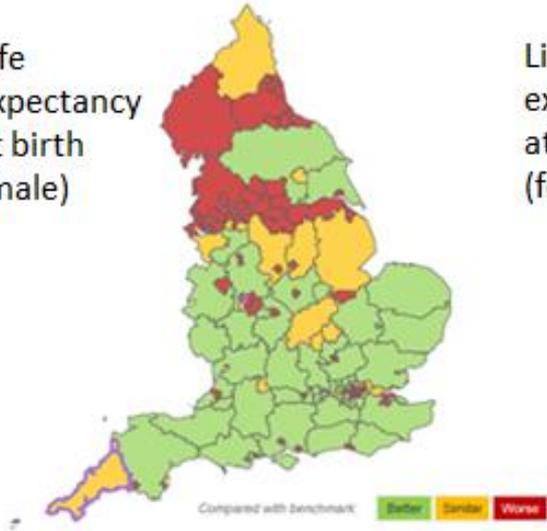
**Developing Integrated  
Health and Care Partnerships**  
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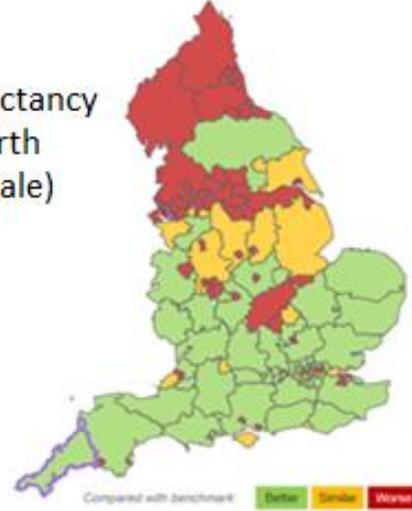
Join our journey

# The opportunity cost is poorer health outcomes

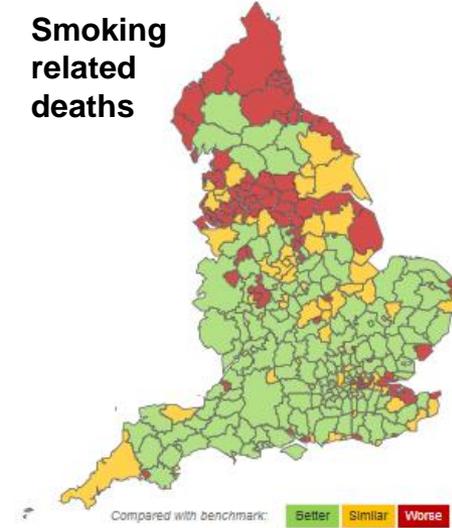
Life expectancy at birth (male)



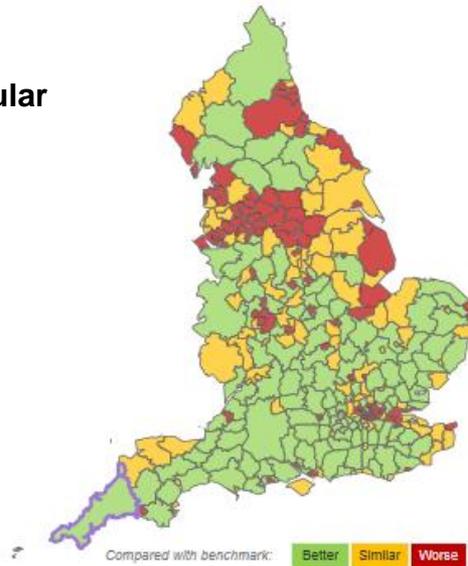
Life expectancy at birth (female)



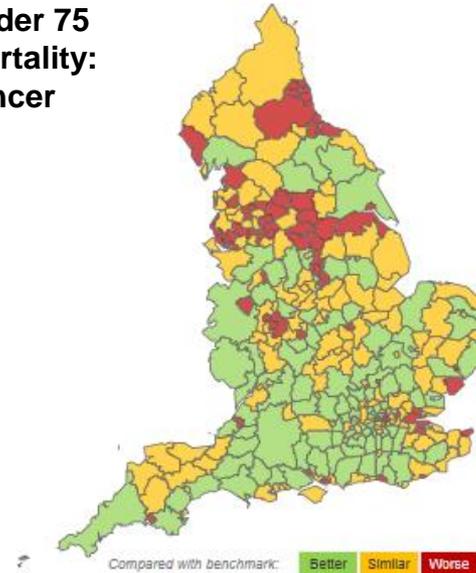
Smoking related deaths



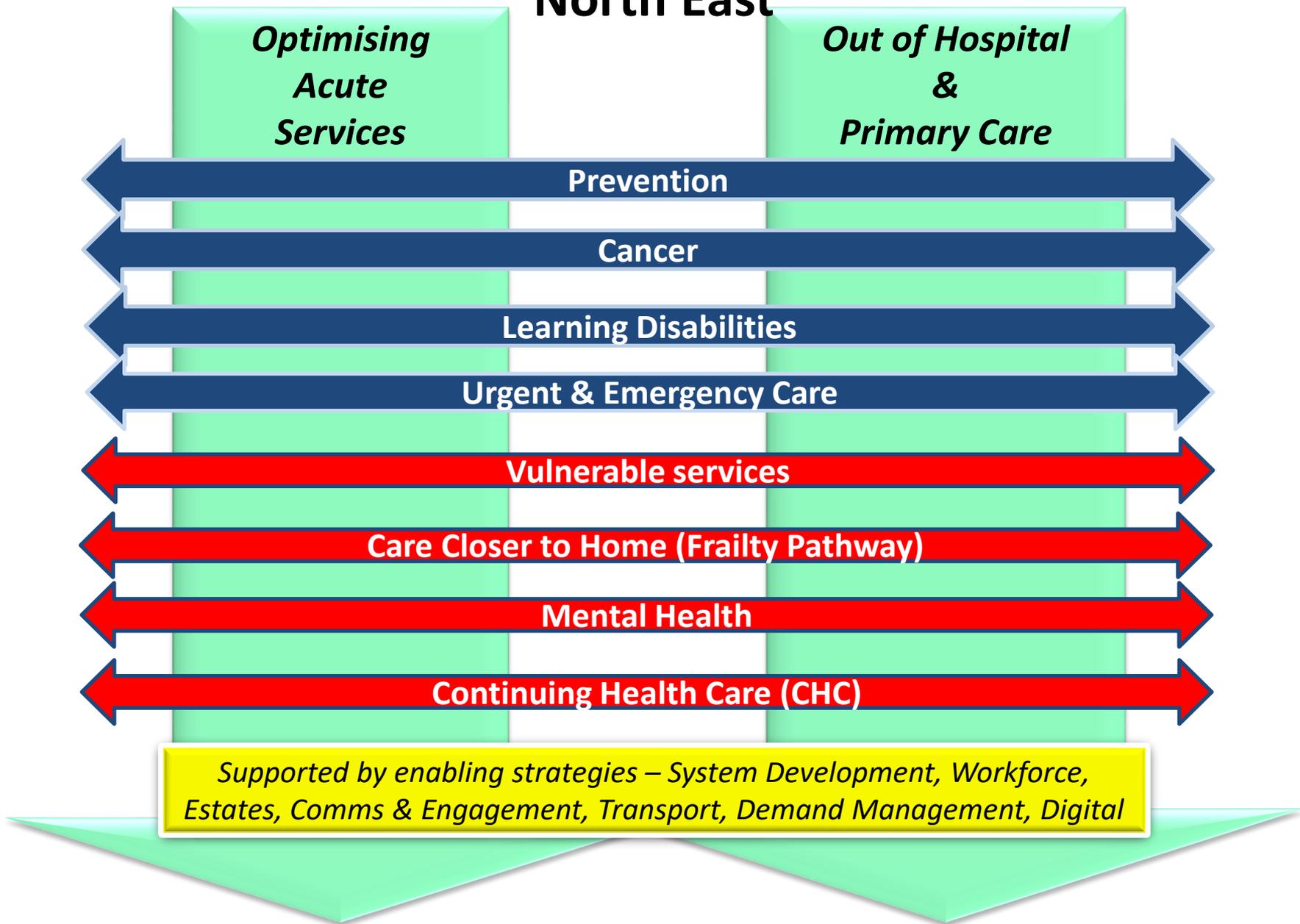
Under 75 mortality: cardiovascular disease



Under 75 mortality: cancer



# Why we need an Integrated Care System in Cumbria and the North East



# Why we need an Integrated Care System in Cumbria and the North East

## Context

- A long-established geography, with highly interdependent clinical services
- Vast majority of patient flows stay within the patch.
- Strong history of joint working, with a unanimous commitment to go further as an ICS
- High performing patch, with a track record of delivery

## Challenges

- Fragmentation following the 2012 Act has made system-wide decision-making difficult
- Significant financial gaps , service sustainability issues and poor health outcomes
- Maximising our collective impact to delivering best patient outcomes whilst reducing duplication and overheads.



## Our ICS will:

- Create a single leadership, decision-making and self-governing assurance framework for CNE
- Coordinate the integration of 4 Integrated Care Partnerships – building on the learning from North Cumbria
- Establish joint financial management arrangements
- Aspire to devolved control of key financial and staffing resources
- Set the overall clinical strategy and enabling workstreams to reduce variation
- Coordinate ‘at scale’ shared improvement initiatives – including prevention and pathway standardisation
- Arbitrate where required and hold the ICPs to account for the delivery of FYFV outcomes

## Our ICPs will be commissioned to

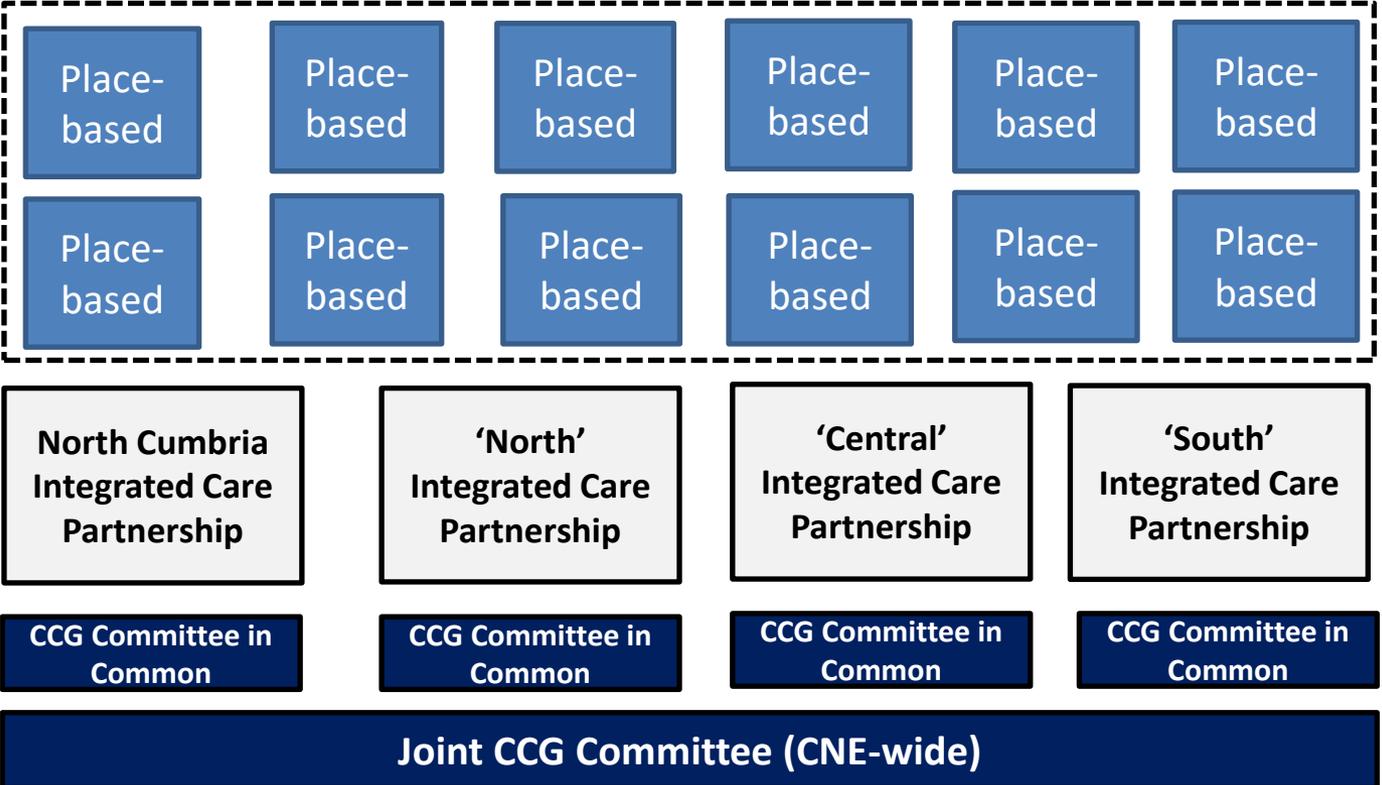
- Deliver integrated primary, community and acute care (aligned to the overall ICS strategy).
- Ensure critical mass to sustain vulnerable acute services within their geography

**Statutory Decision-making**

CCG-level

Sub regional acute

CNE



**System Leadership**

Clinical Leadership Group (with link to Clinical Networks and Clinical Senate)

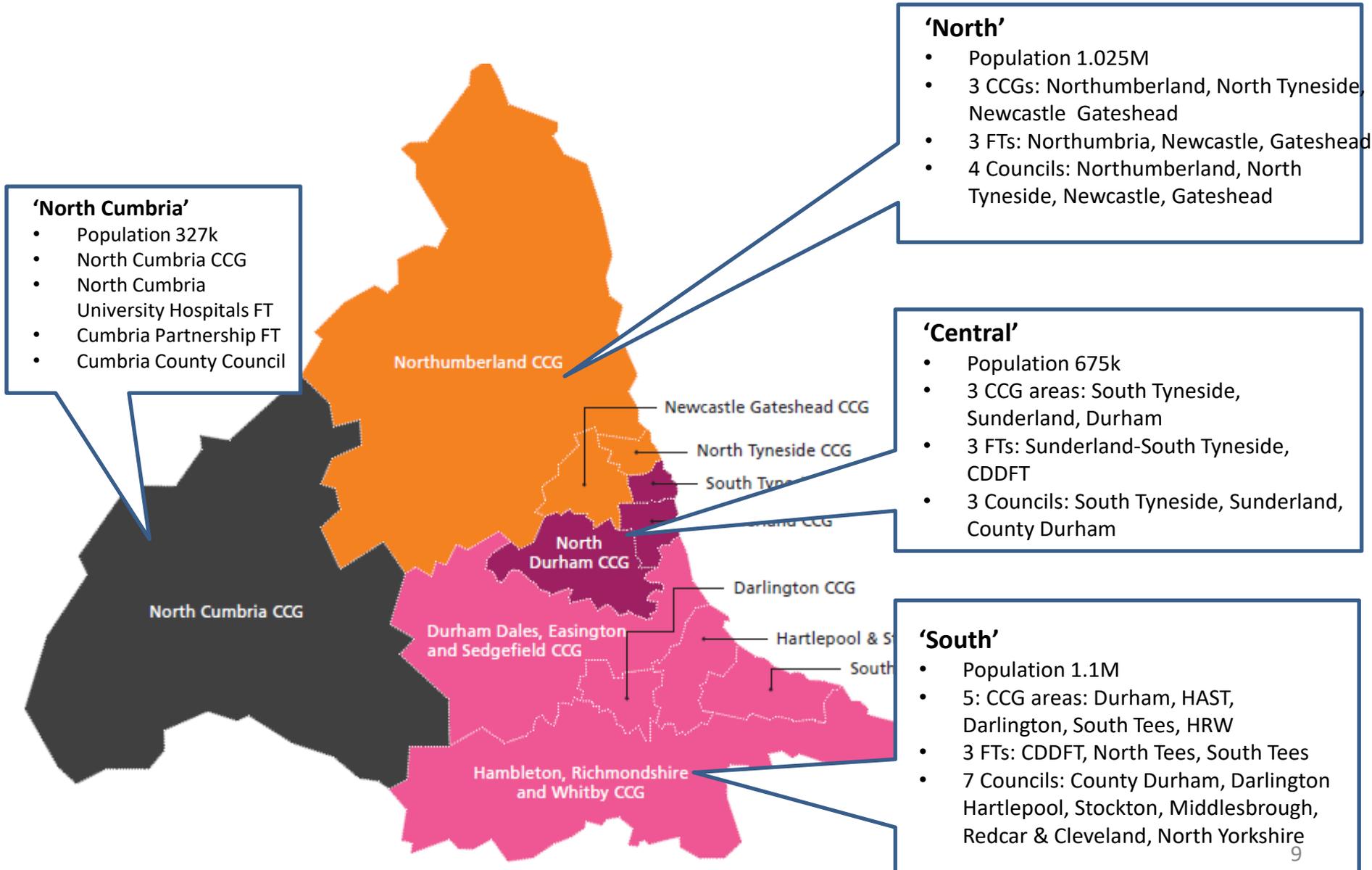
**ICS Health Strategy Group**

Stakeholder Group  
Wider stakeholder engagement

ICS Management Group supporting STP Lead

**STP Workstreams – SROs and Programme Boards**

# Four Integrated Care Partnerships



**'North Cumbria'**

- Population 327k
- North Cumbria CCG
- North Cumbria University Hospitals FT
- Cumbria Partnership FT
- Cumbria County Council

**'North'**

- Population 1.025M
- 3 CCGs: Northumberland, North Tyneside, Newcastle Gateshead
- 3 FTs: Northumbria, Newcastle, Gateshead
- 4 Councils: Northumberland, North Tyneside, Newcastle, Gateshead

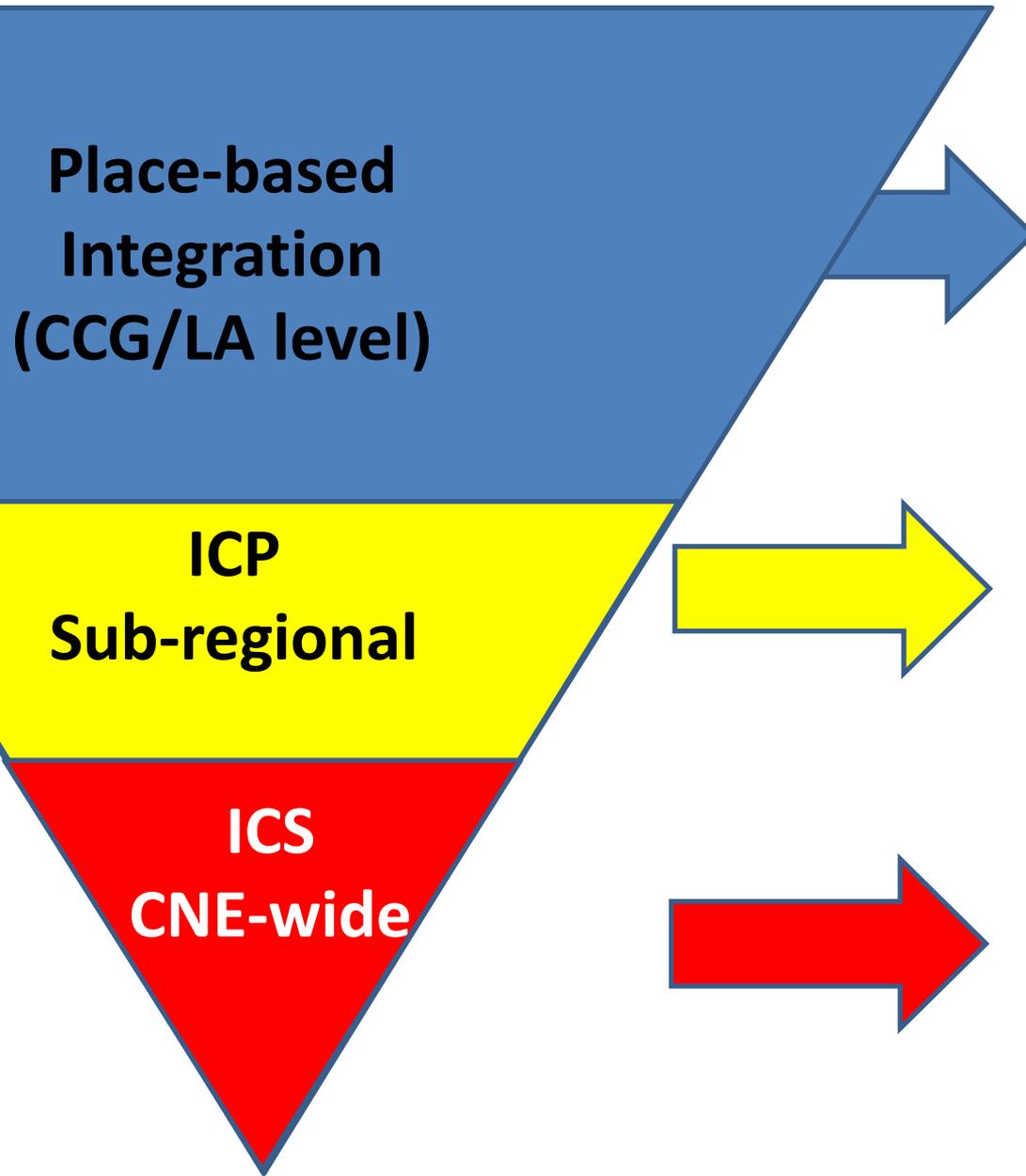
**'Central'**

- Population 675k
- 3 CCG areas: South Tyneside, Sunderland, Durham
- 3 FTs: Sunderland-South Tyneside, CDDFT
- 3 Councils: South Tyneside, Sunderland, County Durham

**'South'**

- Population 1.1M
- 5: CCG areas: Durham, HAST, Darlington, South Tees, HRW
- 3 FTs: CDDFT, North Tees, South Tees
- 7 Councils: County Durham, Darlington, Hartlepool, Stockton, Middlesbrough, Redcar & Cleveland, North Yorkshire

# What gets done at ICS, ICP, and place-based levels



**Place-based  
Integration  
(CCG/LA level)**

- Public & political engagement and consultation
  - Health and Wellbeing Boards
  - Overview and Scrutiny committees
  - GP Councils of Practices
- Relationship with local public and third sector
- Commissioning of
  - GP services
  - Community Services
  - Health and Social Care integration
  - Local pharmacy services
- Local workforce development
- Safeguarding children and adults

**ICP  
Sub-regional**

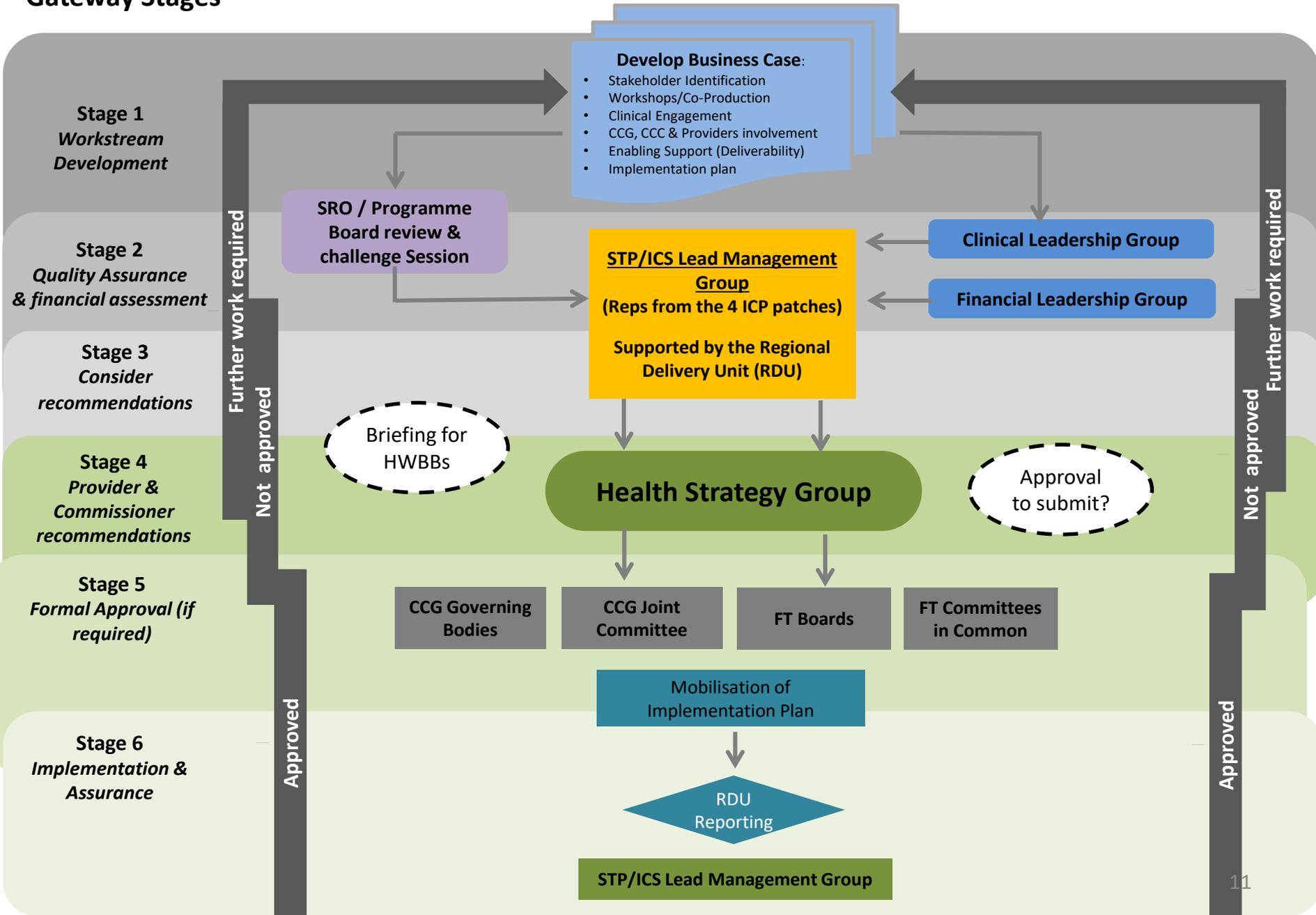
- Commissioning, contracting and performance management of acute hospital services
- Acute services reconfiguration and improvement (e.g. BHP, P2E, Success Regime)
- **Risk sharing ...**

**ICS  
CNE-wide**

- Strategic Commissioning
- Population Health Management
  - Joint financial planning
  - Commissioning of specialised acute services
  - 111 and ambulance
  - Shared policies and pathway redesign (VBC/IFRs) - TBC
- System-wide coordination
- Transformation programmes
  - Urgent & Emergency Care
  - Primary prevention, Public Health and Comms
  - ICT, data management and digital care
  - Workforce planning, e.g. recruitment and harmonised training

# Governance Process

## Gateway Stages



# Re-Prioritised Workstreams

- *Need to focus on key priorities – our “must do’s”*
- *Utilise available, limited resources where most needed*
- *SIMPLIFY a complex system...*
- *Learn from best practice*
- *Respect local priorities/decisions but be aware of how these impact the region*
- *Be clear about approach, responsibilities and governance, e.g.*
  - *Work programmes, enabling work streams, established programmes*
  - *SROs, Programme leads/project support*
  - *STP lead, Portfolio Director, regional delivery unit*
  - *NHS England, CCGs, Trusts, Local Authorities, Health & Wellbeing Boards*
  - *Health Strategy Group, STP Oversight Board, Clinical Reference Group, Financial Leadership Group, CCG Joint Committee, Committees in Common, Trust Boards*
- *Need to work together for the benefit of all, not one alone - System Development sessions*

# Update

- Reviewed all 14 work programmes current status to determine priority areas/distinguish between established programmes and gaps
- Established NCNE Acute Programme Board to oversee delivery
- People Framework opportunities – limited success
- Joint North OSC on ICS programmes, public narrative and public engagement working with Healthwatch and partners
- Process of developing critical pathway to become an aspirant / shadow ICS by October 2018

# The NHS Funding Settlement

- £20.5bn in real terms by the end of 2024
- 3.4 per cent a year real-terms increase in funding over the next 5 years

NHS England Allocation						
	2018/19	2019/20	2020/21	2021/22	2022/23	2023/24
New nominal budget (£bn)	114.6	120.55	126.91	133.15	139.83	147.76
Real growth (£bn)		4.1	4.2	3.8	4.0	4.4
Cumulative real growth (£bn)		4.1	8.3	12.1	16.1	20.5
Real growth (%)		3.60%	3.60%	3.10%	3.10%	3.40%

# The NHS Funding Settlement (2)

Part of a developing 10-year plan in which priorities will include:

- getting back on the path to delivering agreed performance standards
- move towards the very best European outcomes in cancer care
- mental health services – achieving the government's commitment to parity of esteem
- better integration of health and social care, so that care does not suffer when patients are moved between systems

# The NHS Funding Settlement (3)

The government will also.....

- come forward with proposals to reform social care later this year
- ensure that adult social care doesn't impose additional pressure on the NHS
- consider any proposals from the NHS for legislative changes that will help it to improve patient care and productivity
- consider proposals from the NHS for a multi-year capital plan to support transformation and a multi-year funding plan for clinical training places
- ensure that public health helps people live longer, healthier lives

# The NHS Funding Settlement (4)

5 key financial tests:

- improving productivity and efficiency
- eliminating provider deficits
- reducing unwarranted variation
- managing demand effectively
- better use of capital investments

# Questions

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**Join our journey**