

Bring along a toiletry donation for a chance to win a SCOTT goody bag

Domestic Abuse parkrun takeover

To raise awareness of domestic abuse and the services available in North Tyneside we are taking over Rising Sun parkrun with the support of These Girls Can Run. Domestic abuse affects every part of the community; 25% of women and 16% of men are affected by domestic abuse during their adult lifetimes.

Come along to an event that welcomes the whole community, and make a stand against domestic abuse.

Saturday 23 November 9am

Please wear a touch of **orange** to show support.

For directions, and details of how to register for your free parkrun barcode visit: www.parkrun.org.uk/risingsun/

www.northtyneside.gov.uk/domesticabuse



North
Tyneside
Council

