KILLINGWORTH LAKE RULES AND REGULATIONS

The following is a comprehensive list of rules and regulations applicable to all users of Killingworth Lake.

- 1. North Tyneside Council or it's authorised agents are not responsible for any loss injuries or damage sustained by any person their property or any third party as a consequence of his or her entering or remaining upon or around Killingworth Lake and engaging in any form of water or land-based activity.
- All persons entering on to Killingworth Lake for whatever reason must comply
 with any direction given by an Officer of North Tyneside Council and failure to
 comply with these directions can result in the banning of that person and his
 or her craft from the lake.
- 3. All users of Killingworth Lake must abide by any by-laws, rules or temporary rules that are laid down in connection with the use of Killingworth Lake at all times.
- 4. No craft shall be launched on Killingworth Lake until a permit has been received.
- 5. All canoes shall be launched from Zone A. All users must abide by the time restrictions indicated on the Killingworth Lake Zone map.
- 6. Access to all jetties and slipways must be kept clear at all times with no equipment or trailers causing an obstruction to other users.
- 7. Evidence of competency in the form of a recognised training certificate and/or qualification must be presented when registering (for Canoe or Kayak a Level 2 is recommended as a minimum). A full risk assessment must be completed by the competent person for a group or club prior to them using the lake.
- 8. Canoes and kayaks must have fixed buoyancy fitted before setting out on Killingworth Lake.
- 9. All persons using Killingworth Lake must wear appropriate clothing for the prevailing weather and water conditions. Personal buoyancy consisting of a life jacket of CE EN 396 standard or a buoyancy aid of CE EN 393 standard must be worn by everybody in open boats, canoes, kayaking or on jetties at all times.
- 10. Killingworth Lake has designated prohibited zones that are closed to all craft and a specific water sports zone (zone B). These areas are shown on the attached map.
- 11. Persons under the age of 18 taking part in sailing (including board sailing) rowing and canoeing must be under the supervision of a competent adult.
- 12. All boat users must keep a safe and reasonable distance from all other water users (including bank fishermen).



KILLINGWORTH LAKE TERMS AND CONDITIONS

- Children under the age of 4 are not permitted.
- Participants under the age of 18 must be accompanied by an adult.
- Buoyancy aids must be worn at all times on the lake.
- At least one group member for canoe / kayak must have BCU level 2.
- It is advised that all participants are proficient swimmers.
- Stand up paddle boarders (SUP) whilst on this body of water must hold a
 Water Skills Academy Safe Award 1 SUP and must have an CE-Approved
 buoyancy aid (min 50N) / appropriate life jacket. All SUP users must also
 have a leash connected to the board whist in the water.
- Respect other Lake users including fishermen.
- No alcohol should be consumed prior to or during your time on the Lake.
- Permission has to have been given in writing.
- Individual or group insurance is required for all canoeists.
- The owner or person in charge of each canoe is responsible for:-
 - Ensuring that the canoe is suitable for use on the lake and that it is properly equipped and maintained.
 - Having adequate third party liability insurance cover.
 - Personal buoyancy aids being worn at all times.
- Permits must be shown if challenged during times of use.

BE PREPARED

Conditions on the lake can change quickly. No Matter what the forecast is, be prepared. Plan your day well with all your group members

Canoeing and Kayaking are "Assumed risk" "Water contact sports" that may carry attendant risks. Participants should be aware of and accept these risks and be responsible for their own action and involvement,

Please note there is no rescue craft on the lake

Killingworth Lake Application for use, all permit applications must be received 2 weeks prior to requested date of use from alan.thurgood@northtyneside.gov.uk

