

# Tynemouth Pool

BEACH ROAD, NORTH SHIELDS, NE29 9PX

## POOL PROGRAMME



Easter half term



North Tyneside Council



@NTCLeisure



(0191) 643 2900

# MONDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

### Week commencing 14 April

<b>Main pool</b>
7.15am-6pm
8.30pm-9.45pm (adults only)
<b>Lane lines available (Main pool)</b>
7.15am-1.30pm
2.30-6pm
8.30pm-9.45pm
<b>Small pool</b>
7.15am-6pm
<b>Boom Pool</b>
7.15am-6pm

### Activities:

<b>Main Pool</b>	
1.30pm-2.30pm	Mega Boards
<b>Small Pool</b>	
10.30am-12.00pm	Toys & Floats
<b>Boom Pool</b>	
10.30am-12.00pm	Toys & Floats

# TUESDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-1.30pm
2.30pm-5.30pm
<b>Small pool</b>
7.15am-5.30pm
<b>Boom Pool</b>
7.15am-9am
10.30am-5.30pm

## Activities:

<b>Main Pool</b>	
1.30pm-2.30pm	Mega Boards
<b>Small Pool</b>	
10.30am-12.00pm	Toys & Floats
<b>Boom Pool</b>	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-1.30pm
3.30pm-5.30pm
<b>Small pool</b>
7.15am-5.30pm
<b>Boom Pool</b>
7.15am-9.30am
10.30am-5.30pm

## Activities:

<b>Main pool</b>	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
<b>Small Pool</b>	
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
<b>Boom Pool</b>	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

# THURSDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-5.30pm
<b>Small pool</b>
7.15am-5.30am
<b>Boom Pool</b>
7.15am-9.00am
9.45am-12.00pm
1.00pm-5.30pm

## Activities:

<b>Main Pool</b>	
<b>Small Pool</b>	
10.30am-12.00pm	Toys & floats
<b>Boom Pool</b>	
9.00am-9.45am	Aqua Fit
10.30am-12.00pm	Toys & Floats
12.00pm-12.45pm	Aqua Fit

# FRIDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-2.30pm
<b>Lane lines available (Main pool)</b>
7.15am-2.30am
<b>Small pool</b>
7.15am-2.30pm
<b>Boom Pool</b>
7.15am-2.30am

## Activities:

<b>Main pool</b>	
<b>Small Pool</b>	
10.30am–12.00pm	Toys & Floats
<b>Boom Pool</b>	
9.30am-10.30am	Aqua Fit
10.30am-12.00pm	Toys & Floats

# SATURDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
8.30am-1.00pm
<b>Lane lines available (Main pool)</b>
8.30am-10.30am
11.30am-1.00pm
<b>Small pool</b>
8.30am-1.00pm
<b>Boom Pool</b>
8.30am-1.00pm

## Activities:

<b>Main pool</b>	
10.30am-11.30am	Diving Boards Session
<b>Small Pool</b>	
8.30am-1.00pm	Public Swimming
<b>Boom Pool</b>	
8.30am-1.00pm	Public Swimming

# SUNDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
8:30am –12noon
<b>Lane lines available (Main pool)</b>
8:30am –12noon
<b>Small pool</b>
8:30am –12noon
<b>Boom Pool</b>
8:30am – 12noon

## Activities:

<b>Main pool</b>	
8:30am –12noon	Public Swimming
<b>Small Pool</b>	
8:30am –12noon	Public Swimming
<b>Boom Pool</b>	
8:30am –12noon	Public Swimming



# MONDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

### Week commencing 21 April

<b>Main pool</b>
Closed (Bank holiday)
<b>Small pool</b>
Closed
<b>Boom Pool</b>
Closed

# TUESDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-1.30pm
2.30pm-5.30pm
<b>Small pool</b>
7.15am-8.45am
10.15am-5.30pm
<b>Boom Pool</b>
7.15am-9am
10.30am-5.30pm

## Activities:

<b>Main Pool</b>	
1.30pm-2.30pm	Mega Boards
<b>Small Pool</b>	
8.45am-10.15am	Crash Courses
10.30am-12.00pm	Toys & Floats
<b>Boom Pool</b>	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-1.30pm
3.30pm-5.30pm
<b>Small pool</b>
7.15am-8.45am
10.15am-5.30pm
<b>Boom Pool</b>
7.15am-9.30am
10.30am-5.30pm

## Activities:

<b>Main pool</b>	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
<b>Small Pool</b>	
8.45am-10.15am	Crash Courses
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
<b>Boom Pool</b>	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

# THURSDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-5.30pm
<b>Small pool</b>
7.15am-8.45am
10.15am-5.30pm
<b>Boom Pool</b>
7.15am-9.00am
9.45am-12.00pm
1.00pm-5.30pm

## Activities:

<b>Main Pool</b>	
<b>Small Pool</b>	
8.45am-10.15am	Crash Courses
10.30am-12.00pm	Toys & floats
<b>Boom Pool</b>	
9.00am-9.45am	Aqua Fit
10.30am-12.00pm	Toys & Floats
12.00pm-12.45pm	Aqua Fit

# FRIDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
7.15am-5.30pm
<b>Lane lines available (Main pool)</b>
7.15am-5.30am
<b>Small pool</b>
7.15am-8.45am
10.15am-5.30pm
<b>Boom Pool</b>
7.15am-9.30am
10.30am-5.30pm

## Activities:

<b>Main pool</b>	
<b>Small Pool</b>	
8.45am-10.15am	Crash Swimming Course
1.30pm-3.00pm	Toys & Floats
<b>Boom Pool</b>	
9.30am-10.30am	Aqua Fit
10.30am-12.00pm	Toys & Floats
1.30pm-3.00pm	Toys & Floats

# SATURDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
8.30am-1.00pm
<b>Lane lines available (Main pool)</b>
8.30am-10.30am
11.30am-1.00pm
<b>Small pool</b>
8.30am-1.00pm
<b>Boom Pool</b>
8.30am-1.00pm

## Activities:

<b>Main pool</b>	
10.30am-11.30am	Diving Boards Session
<b>Small Pool</b>	
8.30am-1.00pm	Public Swimming
<b>Boom Pool</b>	
8.30am-1.00pm	Public Swimming

# SUNDAY

## Public swimming: School Holidays

Please check the activities section below for availability of each pool

<b>Main pool</b>
8:30am –12noon
<b>Lane lines available (Main pool)</b>
8:30am –12noon
<b>Small pool</b>
8:30am –12noon
<b>Boom Pool</b>
8:30am – 12noon

## Activities:

<b>Main pool</b>	
8:30am –12noon	Public Swimming
<b>Small Pool</b>	
8:30am –12noon	Public Swimming
<b>Boom Pool</b>	
8:30am –12noon	Public Swimming