

Tynemouth Pool

BEACH ROAD, NORTH SHIELDS, NE29 9PX

POOL PROGRAMME



Summer Holiday 2025



North Tyneside Council



@NTCLeisure



(0191) 643 2900

Public swimming: School Holidays:

W/C 21 July

Please check the activities section below for availability of each pool

Main pool
7.15am-6pm
8.30pm-9.45pm (adults only)
Lane lines available (main pool)
7.15am-1.30pm
2.30pm-6pm
8.30pm-9.45pm
Small pool
7.15am-9.00am
11.00am-5.30pm
Boom pool
7.15am-12pm
12.45pm-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
8.30pm-9.45pm	Adult only swim
Small pool	
9.00am-11.00am	Crash Courses
10.30am-12.00pm	Toys and Floats
Boom pool	
12pm-12.45pm	Aqua Fit

TUESDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-9.00am
11.00am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
9.00am-11.00am	Crash Courses
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
3.30pm-5.30pm
Small pool
7.15am-9.00am
11.00am-5.30pm
Boom Pool
7.15am-9.30am
10.30am-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
Small Pool	
9.00am-11.00am	Crash Courses
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–9.00am
11.00am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
9.00am–11.00am	Crash Courses
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–9.00am
11.00am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
9.00am–11.00am	Crash Courses
1.30pm–3.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming

Public swimming: School Holidays:

W/C 28 July

Please check the activities section below for availability of each pool

Main pool
7.15am-6pm
8.30pm-9.45pm (adults only)
Lane lines available (main pool)
7.15am-1.30pm
2.30pm-6pm
8.30pm-9.45pm
Small pool
7.15am-5.30pm
Boom pool
7.15am-12pm
12.45pm-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
8.30pm-9.45pm	Adult only swim
Small pool	
10.30am-12.00pm	Toys and Floats
Boom pool	
12pm-12.45pm	Aqua Fit

TUESDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
3.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9.30am
10.30am-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
Small Pool	
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
Boom Pool	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

THURSDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

FRIDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
10.30am–12.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming

Public swimming: School Holidays:

W/C 4 August

Please check the activities section below for availability of each pool

Main pool
7.15am-6pm
8.30pm-9.45pm (adults only)
Lane lines available (main pool)
7.15am-1.30pm
2.30pm-6pm
8.30pm-9.45pm
Small pool
7.15am-5.30pm
Boom pool
7.15am-12pm
12.45pm-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
8.30pm-9.45pm	Adult only swim
Small pool	
10.30am-12.00pm	Toys and Floats
Boom pool	
12pm-12.45pm	Aqua Fit

TUESDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
3.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9.30am
10.30am-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
Small Pool	
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
Boom Pool	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

THURSDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
10.30am–12.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

SATURDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming

Public swimming: School Holidays:

W/C 11 August

Please check the activities section below for availability of each pool

Main pool
7.15am-6pm
8.30pm-9.45pm (adults only)
Lane lines available (main pool)
7.15am-1.30pm
2.30pm-6pm
8.30pm-9.45pm
Small pool
7.15am-5.30pm
Boom pool
7.15am-12pm
12.45pm-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
8.30pm-9.45pm	Adult only swim
Small pool	
10.30am-12.00pm	Toys and Floats
Boom pool	
12pm-12.45pm	Aqua Fit

TUESDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–1.30pm
3.30pm–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
1.30pm–2.30pm	Mega Boards
2.30pm–3.30pm	Staff Training
Small Pool	
10.30pm–12.00pm	Toys & Floats
1.30pm–2.30pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Zumba
10.30am–12.00pm	Toys & Floats
1.30pm–2.30pm	Toys & Floats

THURSDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
10.30am–12.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

SATURDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming

Public swimming: School Holidays:

W/C 18 August

Please check the activities section below for availability of each pool

Main pool
7.15am-6pm
8.30pm-9.45pm (adults only)
Lane lines available (main pool)
7.15am-1.30pm
2.30pm-6pm
8.30pm-9.45pm
Small pool
7.15am-5.30pm
Boom pool
7.15am-12pm
12.45pm-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
8.30pm-9.45pm	Adult only swim
Small pool	
10.30am-12.00pm	Toys and Floats
Boom pool	
12pm-12.45pm	Aqua Fit

TUESDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
3.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9.30am
10.30am-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
Small Pool	
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
Boom Pool	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

THURSDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
10.30am–12.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

SATURDAY

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming

Public swimming: School Holidays:

W/C 25 August

Please check the activities section below for availability of each pool

Main pool
Bank Holiday (closed)
Small pool
Closed
Boom pool
Closed

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
2.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9am
10.30am-5.30pm

Activities:

Main Pool	
1.30pm-2.30pm	Mega Boards
Small Pool	
10.30am-12.00pm	Toys & Floats
Boom Pool	
9.00am-10.30am	Aqua Fit (x2)
10.30am-12.00pm	Toys and Floats
1.30pm-2.30pm	Toys and Floats
7.45pm-8.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am-5.30pm
Lane lines available (Main pool)
7.15am-1.30pm
3.30pm-5.30pm
Small pool
7.15am-5.30pm
Boom Pool
7.15am-9.30am
10.30am-5.30pm

Activities:

Main pool	
1.30pm-2.30pm	Mega Boards
2.30pm-3.30pm	Staff Training
Small Pool	
10.30pm-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats
Boom Pool	
9.30am-10.30am	Aqua Zumba
10.30am-12.00pm	Toys & Floats
1.30pm-2.30pm	Toys & Floats

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30pm
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.00am
9.45am–12.00pm
1.00pm–5.30pm

Activities:

Main Pool	
Small Pool	
10.30am–12.00pm	Toys & floats
Boom Pool	
9.00am–9.45am	Aqua Fit
10.30am–12.00pm	Toys & Floats
12.00pm–12.45pm	Aqua Fit

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
7.15am–5.30pm
Lane lines available (Main pool)
7.15am–5.30am
Small pool
7.15am–5.30pm
Boom Pool
7.15am–9.30am
10.30am–5.30pm

Activities:

Main pool	
Small Pool	
10.30am–12.00pm	Toys & Floats
Boom Pool	
9.30am–10.30am	Aqua Fit
10.30am–12.00pm	Toys & Floats
1.30pm–3.00pm	Toys & Floats

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8.30am-1.00pm
Lane lines available (Main pool)
8.30am-10.30am
11.30am-1.00pm
Small pool
8.30am-1.00pm
Boom Pool
8.30am-1.00pm

Activities:

Main pool	
10.30am-11.30am	Diving Boards Session
Small Pool	
8.30am-1.00pm	Public Swimming
Boom Pool	
8.30am-1.00pm	Public Swimming

Public swimming: School Holidays

Please check the activities section below for availability of each pool

Main pool
8:30am –12noon
Lane lines available (Main pool)
8:30am –12noon
Small pool
8:30am –12noon
Boom Pool
8:30am – 12noon

Activities:

Main pool	
8:30am –12noon	Public Swimming
Small Pool	
8:30am –12noon	Public Swimming
Boom Pool	
8:30am –12noon	Public Swimming