

Useful Questions

What are we worried about?	What's working well?	What needs to happen?
<ul style="list-style-type: none"> • What has happened, what have you seen, that makes you worried about this child/teenager? • What words would you use to talk about this problem so that _____ would understand what you're worried about? • What you think about what has already happened to _____ what do you think is the worst thing that could happen to _____ because of this problem? • Are there things happening in _____'s life or family that make this problem harder to deal with? 	<ul style="list-style-type: none"> • What do you like about _____ what are his/her best attributes? • Who are the people that care most about _____? What are the best things about how they care for _____? • What would _____ say are the best things about his/her life? • Who would _____ say are the most important people in his/her life? How do they help _____ grow up well? • Have there been times when this problem has been dealt with or was even a little better? How did that happen? 	<ul style="list-style-type: none"> • Having thought more about this problem now, what would you need to see that would make you satisfied that situation is at a 10? • What would _____ need to see that would make them say this problem is completely sorted? • What do you think is the next step that should happen to get this worry sorted out?