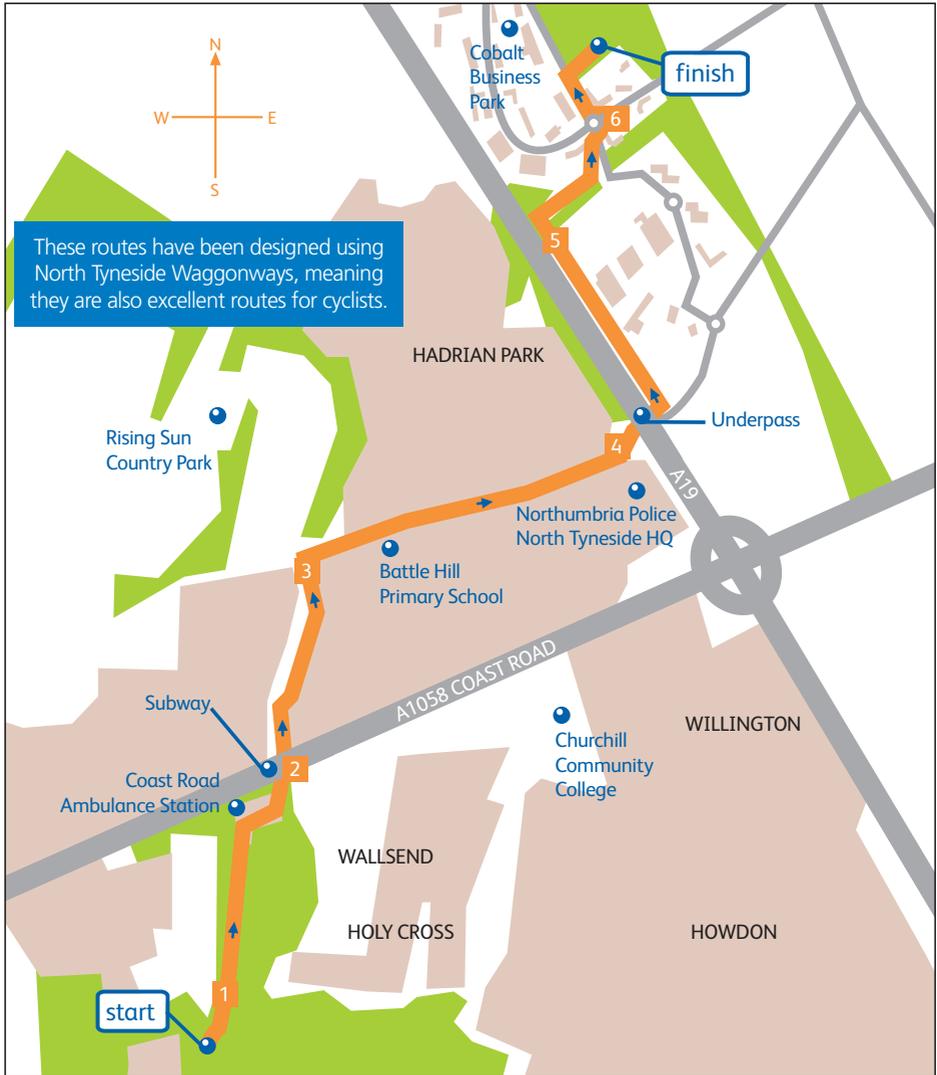


Area of reflection and contemplation walk: Wallsend Hall Grounds to Sundial Park

Healthy Walks in
North Tyneside



A moderate self-led walk of 3 miles taking approximately 60 minutes.

Key to route

- Direction of walk
- Landmark

- 1 Starting from the north side of the health centre at Wallsend Hall Grounds, The Green, Wallsend, the route drops down into the Hall Grounds Park and exits into Wallsend Dene at the foot of Crow Bank. There are three main paths directly ahead, take the path furthest to your left the 'Killingworth Waggonway' and head north up the tree line avenue path to Kings Vale (opposite the Coast Road Ambulance Station).
- 2 As you reach Kings Vale, turn right into the housing estate (with the ambulance station on your left). Continue through the estate where you will find a path linking into one of the Coast Road subways serving Battle Hill. As you exit the subway turn right and right again along the diagonal path leading to Bellingham Close, continue on this path through to Battle Hill Drive. Using the pedestrian refuge cross directly over to another path with Bristol Drive to your right.
- 3 The path heads north, passing Bisley Court on your right. Remain on the same path which runs between an open grass area on both sides to the rear of Blandford Way. Turning slightly left the path continues largely north to its intersection at a large tarmac circle on the main Battle Hill Bridleway (known locally as the 'Black Path') situated at the south east corner of Rising Sun Country Park.
- 4 At the circle, turn right and east towards Addington Drive. At Addington Drive head over the zebra crossing and take the direct Bridleway line towards Middle Engine Lane. When you arrive at Middle Engine Lane you will see the new Northumbria Police North Tyneside Head Quarters to your right on the opposite side of the main road.
- 5 Turn immediately left along the curved path of Middle Engine Lane and continue via the A19 underpass, a short distance on there is an opening on your left (opposite the Kwik Fit Garage). Head through the opening and turn left so that you remain on the Bridleway with the A19 on your left and Cobalt on your right. Continue north until you reach the first Bridleway intersection. Turn right taking the path through to Cobalt (off Silver Fox Way).
- 6 Using the zebra crossing, head across the Cobalt service road. Turn left after the zebra crossing along the curved path of the adjacent roundabout onto Silver Fox Way. On Silver Fox Way take the next zebra crossing onto The Silverlink North towards the Silverlink Biodiversity Park. Cross over the first car park access road and turn sharp right into the Bridleways serving the Biodiversity Park. You will note a pond on your left, continue along the path for a short distance and turn left at the end of the pond towards the Sundial, with the pond now on your left you will reach the end of the route at the central remembrance and reflection point.